

ADJUSTABLE TRAINING BRACE—Ankle Foot Orthosis

FOR CLINICAL/HOSPITAL INPATIENT USE

Patient Evaluation Maximize time spent in Therapy

Set-up orthosis before patient application.

Evaluate patient and determine:

Appropriate ankle joint configuration—Springs will dynamically dorsi or plantar flex—Pins will control range of dorsi and plantar flexion.


Height of calf band—Loosen and/or reposition screws in threaded holes. Position calf band and tighten (do not over tighten) screws. Width between ankle joints. Loosen set screws under heel. Position and tighten screws (allen wrench provided). Range 3 1/2" to 4 1/2".

Application. Open straps. Position foot on foot plate with heel against heel counter. Position uprights in middle of leg. Secure straps A and B over top of foot. Secure calf band straps C and D. Evaluate fit and function. Make appropriate adjustments. Be sure all screws are tight before using.

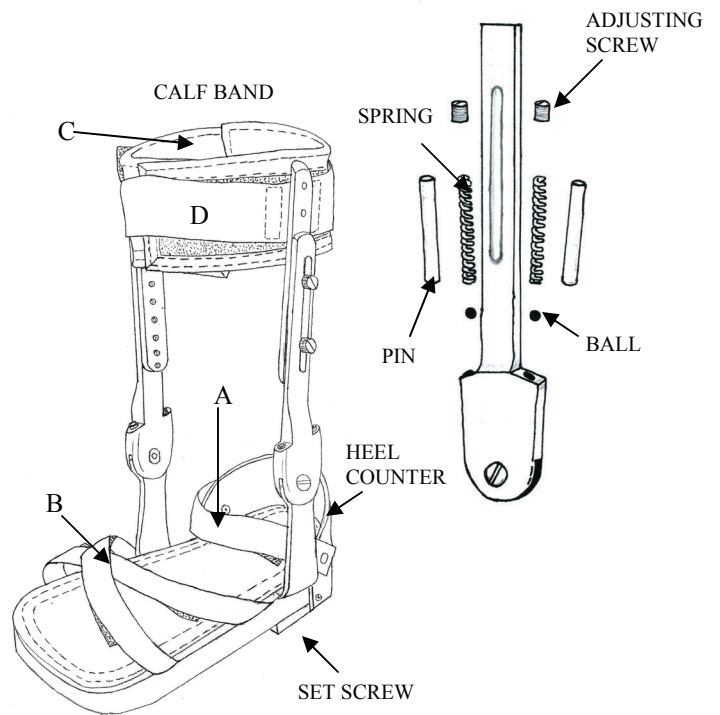
Contra indications: severe edema—fragile skin weight over 240lbs adult 110lbs child

Clean with damp towel and mild detergent. Completely towel dry before reusing.

Immediately contact your healthcare professional if you are experiencing skin irritations, pain, loss of sensations or if you have any questions or concerns.

Printed on Recycled Paper 

Single patient use. To be used only when ordered by a physician and applied by qualified medical professional



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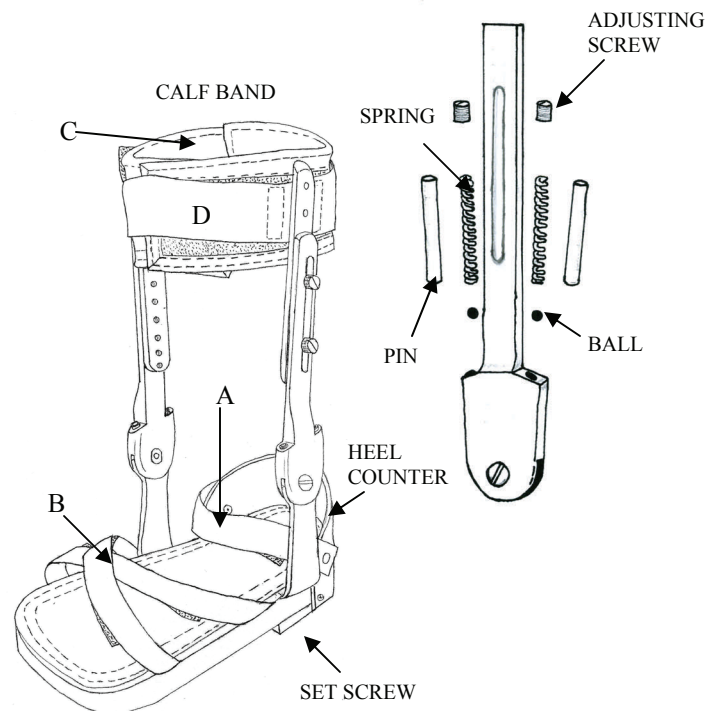
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Evaluate patient and determine: Appropriate ankle joint configuration—Springs will dynamically dorsiflex or plantar flex—Pins will control range of dorsiflexion and plantar flexion.

Align knee hinge to anatomical knee center. Loosen and/or reposition screws in threaded holes. Position hinge and tighten (do not over tighten) screws. Adjust height of thigh band in similar manner. Width between ankle joints. Loosen set screws under heel (allen wrench provided). Position and tighten screws Range 3 1/2" to 4 1/2".

KNEE HINGE: leg must be in full extension and hinge completely extended to lock (ring positioned over hinge) and un-lock (ring above hinge). Use ball retainer to hold ring above hinge.


APPLICATION

Open straps. Position foot on foot plate with heel against heel counter. Position uprights in middle of leg. Secure straps A and B over top of foot. Secure calf band straps C and D. Secure thigh straps E and F, Anterior thigh straps G and H. Adjust strap length, position strap pads and secure.

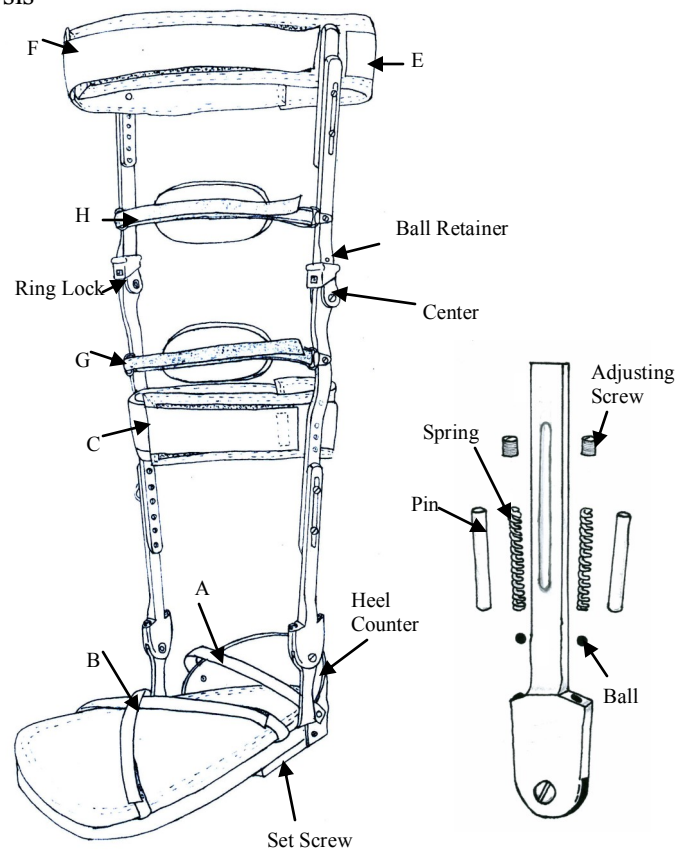
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