Body Armor® Night Splint Instructions

1

Slide foot into the night splint, seating the heel snugly in the heel opening.

2

Tighten, as needed, both sides of the heel strap together.

3

Tighten, as needed, both sides of the foot strap together.

4

Thread the calf strap. Tighten, as needed, both sides of the calf strap together.

5

Insert the big toe in the toe loop. The top of the toe should be level with the end of the toe loop.

Instructions continued

6

Using the elastic ring, place the big toe in a neutral or slightly elevated position* and attach the ring to one of the hooks.

7

Secure the toe loop tab to the bottom of the night splint.

* As treatment continues, the toe may be elevated as comfort allows to permit a greater stretch to the Plantar Fascia. If you experience any numbness or discomfort of the big toe, reduce tension on the toe strap to a more neutral position. **Should discomfort or numbness persist, discontinue use and consult your physician.**

Cleaning Instructions:

- Remove softgoods by unfastening all six hook and loop closures.
- The shell and padding may be cleaned by wiping with a damp cloth.
- The softgoods and toe loop may be hand washed in mild detergent or soap and air dried.
- DO NOT use solvents to clean product.

Contraindication for Use:

- Plantar flexion contracture greater than 10˚.
- Uncontrollable severe plantar flexion spasticity.
- This product is not intended for extended periods of weight bearing or ambulation.

Attention: Use this product only under the guidance of a physician or certified medical professional. This device is intended for rehabilitative purposes, only as directed by your physician. If you experience any pain, swelling, sensation changes, or any unusual reaction while using this product, discontinue use and contact your physician immediately.

DARCO

MADE IN CHINA
Patent Pending

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