

ACTIVATE SERIES

ELLIPTICAL CROSS-TRAINER

Activate™ Series cardio equipment is for facilities looking for intuitive functionality and extremely reliable performance. It is ideal for small health clubs, residential facilities and hotels.



SMOOTH MOTION

Extensive biomechanics research has helped create a smooth and natural feeling ellipse path that is comfortable for any exerciser.



EASY TO USE

The Activate Series console provides clear and simple instruction for any exerciser to get on and go.



OPTIONAL ATTACHABLE TV

Keep exercisers entertained by upgrading to a 15" attachable TV.



CONNECTION TO CARDIO

LFconnect.com and the optional Connect Module provide valuable usage data to determine new equipment needs, preventive maintenance schedules and more.



TREADMILL

Product code: OSX

WEIGHT:

240 lbs (109 kg)

MAX USER WEIGHT:

350 lbs (160 kg)

DIMENSIONS (L X W X H):

82 x 28 x 60"

(209 x 71 x 153 cm)

Life Fitness

SPECIFICATIONS

KEY | • STANDARD ○ OPTIONAL *

TECHNICAL SPECIFICATIONS	
Power requirements (voltage may vary outside U.S)	Self powered*
Auto start (Brings power to console when user begins pedaling)	•
Size (L x W x H)	82 x 28 x 60" (209 x 71 x 153 cm)
Unit weight	240 lbs (109 kg)
Maximum user weight	350 lbs (160 kg)
ENTERTAINMENT	
15" Attachable TV System*	○
Goal Workouts: Quick Start, Manual, Random, Hill, Cardio, Fat Burn, Fit Test, Customized Cool Down	•
DISPLAY READOUTS	
Amber LED display	•
16-character, 14-segment LED alphanumeric message center	•
Speed, Resistance Level, Heart Rate, Elapsed Time, Distance, Calories, Calories per Hour, Watts, METS	•
Workout Profile	•
Language choices: English, French, Spanish, German, Dutch, Italian, Portuguese, Turkish, Japanese, Russian, Chinese (traditional and simplified), Korean	13
CONNECTIVITY	
Networking capabilities: CSAFE-Ready, FitLinxx™ Certified	•
Available tuner systems: NTSC/ATSC, PAL/SECAM/DVB	○
Connect Module for asset management	○
SERVICE	
LFconnect asset management with Connect Module	○
Service enhancements: manager's optional settings and service diagnostics	•

PRODUCT FEATURES	
Heart Rate Monitoring: Polar® Telemetry (optional chest strap required), Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital signal processing)	•
Resistance levels	25
Stride length	18" (45.7 cm)
Oversized non-slip pedals	•
Support handlebars	•
Integrated reading rack	•
Integrated accessory tray	•
Screen protection: Protective top layer, internal shock mounts, gasket	○
On-the-fly programming	•
Headphone jack: 3.5 mm stereo	○
Plug-in accessory	○
TV Controls: External numeric remote	○
Channel memory: 1000 available channels	○
Previous channel viewed	○
Channel renumbering	○
Secondary Audio Programs (SAP) - SAP TV broadcast required	○
Mute feature	○
Closed captioning	○
WARRANTY**	
2 year limited on Electrical & Mechanical Components	•
1-year limited on labor	•
Attachable TV system option: 2-years electrical and mechanical parts; 90 days labor	•



**ACTIVATE SERIES:
SIMPLE RELIABILITY**

Cardio equipment that's suited for both new exercisers and workout veterans. Activate Series treadmills, cross-trainers and Lifecycle® exercise bikes are built to be durable and easy to use so that exercisers can get on and go.

*Optional TV requires external power source. AC power line, 115 volt, 15 amp (voltage may vary outside the U.S.)
 ** Warranties outside the U.S. may vary. Specifications subject to change