

323 East Owassa • Suite 4 • Edinburg, TX 78539 • P.O. Box 720054 • McAllen, Texas 78504 1-800-270-6199 • 956-781-5000 • Fax: 956-781-5552 • www.mjminternational.com • sales@mjminternational.com

# MJM Therapy Car MODEL 8000 User Instructions

#### 1. Intended Use

The adjustable MJM international Therapy Car is intended and designed to be used in a therapy setting to help increase patients confidence and skill to safely get in and out of a passenger seat.



### **General Warnings and Cautions**

- Ensure all wheels are in the locked position prior to and during any patient use. At no time should the Car be moved with a person seated in or on the Car.
- The patient should be assisted by appropriate medical staff at all times during use of the Therapy Car.
- Do not leave the Therapy Car on a slope as this may allow the Car to roll which may lead to personal injury or physical property damage.
- Do not leave the patient unattended while seated on the Therapy Car.
- The Therapy Car is not designed nor should it be used with or in conjunction with other devices or accessories.
- The Therapy Car is intended for indoor use only.
- Weight limit: 450lbs.

## 2. Use

- a. After securing the Provider's order to ambulate and obtaining supplies for ambulation, if required, conduct an assessment of the patient's strength and abilities. The Provider should follow standard practice guidelines to determine if a patient is appropriate and safe to use the Therapy Car.;
- b. Determine the style/model of the patient's car;
- c. Apply the Therapy Car swivel wheel brakes by depressing the wheel brake pedal;



d. Adjust the Therapy Car level to the predetermined seat height to match the patient's car model by rotating the black knob on the Therapy Car handle clockwise to raise the Car seat level or counter-clockwise to lower the Car seat level to match desired level<sup>1</sup>:





<sup>&</sup>lt;sup>1</sup> Car seat classifications and measurements are estimates, for illustrative purposes only and may differ from the actual seat height of the patient's car.

- 1. Sedan (e.g. Pontiac Bonneville): 20-22"
- 2. Compact (e.g. Toyota Prius or Renault Clio): 21-22"
- 3. Minivan (e.g. Honda Odyssey): 26-27"
- 4. SUV (e.g. Volvo XC90): 27-28"



- e. Patient's entry into the Therapy Car:
  - 1. Assist the patient to the edge of the seat of the Therapy Car, assuring patient stability;
  - 2. Position the patient so that the patient's buttocks rests against the Therapy Car seat:
  - 3. Provide verbal instructions to the patient to lean their body backwards, while resting their buttocks against the edge of the Car seat;
  - 4. While the patient is leaning back against the Therapy Car seat edge, instruct the patient to slowly lift their left leg into the Therapy car while lifting their buttocks further onto the Car seat base.
  - 5. When the patient's buttocks is seated on the car seat and their left leg is positioned in the Car, instruct the patient to slowly lift their right leg into the Car.
- f. Patient's exit from the Therapy Car:
  - 1. While continually monitoring physical stability of the patient so as to protect the patient from falling and while the patient remains seated, leaning backwards, instruct the patient to slowly and carefully lift their right leg and foot out of the Car while leaning back while, at the same time, also lifting their left leg;
  - Instruct the patient to scoot their buttocks to the edge of the Car seat and gently place both feet out of the Car and stand up on the floor while placing their hands on the Car seat for stability.

# 3. Cleaning

#### a. PVC PIPING AND CASTERS

Wipe down piping with non-abrasive cleanser. DO NOT use solvents. Restore luster with Johnson's Pledge or similar spray wax.

#### b. SOLID FABRIC

Wipe with non-abrasive disinfectant wash. Avoid contact with sharp or rough surfaces.

## 4. Warranty

PVC frame has a 5 year limited warranty. Parts, such as casters, hydraulics, material and options have a 1 year warranty.