Intended Use
To compensate for a disability by providing a rail to help stabilise oneself whilst entering and exiting a bath tub.

Assembly Instructions
1. Thoroughly clean area of bathtub where grab rail is to be attached.
2. Unscrew the tightening knob (1) to accommodate the width of the bathtub edge.
3. Lower the grab rail onto the area of bathtub so that the adjustment plate is on the outside the bathtub.
4. Tighten the knob (1) so that the grab rail is securely fastened to the bathtub.

Before use, test the grab rail to make sure it is securely fastened to bathtub.

User Instructions
This product is to be used as an aid to balance and support when stepping in and out of the tub. This product is NOT designed to support the total weight of the user. When stepping in or out of the bathtub, hold the grab rail firmly and apply downward force onto the top of the bar.

Care and Cleaning
Clean with warm water and mild detergent or household disinfectant. Do not use abrasive cleaners or cloths. Dry thoroughly after each use. Periodically check the rail for tightness. Use a silicone lubricant on the threaded screw of the tightening knob to prevent rust.

Cautions
• Do not pull or push the grab rail in a sideways motion, this will loosen the grab rail from the bath tub and may cause injury.
• Do not use the grab rail with lipped style bathtubs.
• Do not over-tighten the knob (1). This may cause damage to the grab rail and/or the bathtub.
• Thoroughly inspect all parts for damage or wear and tear before each use.

Maximum user weight 100 kg

These user instructions are available in large print, please contact Performance Health Customer Services for a copy. Please retain these instructions for future reference.