

Men	6-7	7.5-9	9.5-11	11.5-13	13.5-15	15+
Narrow	XXS	XS	S	M	L	XL
Regular	XS	S	M	L	XL	XXL
Wide	S	M	L	XL	XXL	
Women	5-6	6.5-8	8.5-10	10.5-12	12.5-14	
Narrow	XXS	XS	S	M	L	
Regular	XS	S	M	M	L	
Wide	S	M	L	L	XL	