

# Tumble Forms<sup>2</sup>

## ADHD Weighted Products

### Directions for Use:

#### Weighted Vests.

To use, place desired weights in pockets on front and back of vest. Close pockets with Velcro seal on top of pockets. Place vest on child/adult and Velcro front closed.

#### Weighted Blankets.

To use, place desired weights in the three Velcro closure pockets. Wrap around child/adult or place over lap.

#### Weighted Critters.

Place on child/adult's lap or wrap around shoulders.

MADE IN THE USA