PERFORMANCE

Spenco® PolySorb®
TOTAL SUPPORT
Replacement Insoles

ACCEPTED
AMERICAN PODIATRIC MEDICAL ASSOCIATION

Cat. No. 39-313

Total support with targeted cushioning

Target Consumer:
Athletes looking for support who participate in a variety of physical activities.
Consumers seeking firmer support and motion control.

Recommended For:
Increased shock absorption.
Advanced support for the arch and heel.
Improved motion control to reduce pronation and supination – the leading cause of many common injuries such as plantar fasciitis.

Best For Use In:
Athletic, tennis, basketball and training shoes with removable insoles.

Components*:
EVA, PU, PP, Fabric w/ *Silpure* Antimicrobial,
Thickness at Heel: 8.50mm (3/8in),
Thickness at Forefoot: 3.50mm (1/8in)

Instructions:
Remove the original insole from the shoe (some brands of shoes glue the insole to the shoe, but careful removal will not damage the shoe). Use the original insole as a guide to trace and trim the Spenco® PolySorb® Total Support Replacement Insoles. Insert the Spenco® Insoles into the shoe.

Care:
Hand wash in warm water. Air dry.

Sizing Chart:

Size	0	1	2	3	4	5	6
U.S. Women's	3/4	5/6	7/8	9/10	11/12		
U.S. Men's			6/7	8/9	10/11	12/13	14/15
U.K.	2/3	4/5	5/6	7/8	9/10	11/12	13/14
European	32/34	36/38	38/40	40/42	42/44	44/46	46/48

Features & Benefits:

1. **3-Pod™ Cushioning System** (patent pending) absorbs shock and helps prevent over pronation.
2. **PolySorb® Stability Cradle** provides advanced arch support and deep heel cupping.
3. **Custom EVA Layer** conforms with normal wear to match the contours of the foot.
4. **Low-friction Antimicrobial Top Cloth** helps prevent blisters and control odor.
5. **Metatarsal Arch Support** offloads pressure from the ball of foot to help relieve forefoot pain.
6. **Forefoot Crash Pad** provides extra cushioning under the ball of foot for a smooth transition to toe-off.

One-Year Unconditional Guarantee

Call toll-free: 1-800-877-3626
In Canada: 1-800-387-9538

www.spenco.com

*Measurements are approximate and vary by size.
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