

DELUXE PAVLIK HARNESS FITTING INSTRUCTIONS

INTRODUCTION

The Deluxe Pavlik Harness is used in the treatment of Developmental Hip Dysplasia (DHD). DHD is treated by correctly positioning the head of the femur (thigh bone) within the hip socket. This will allow the hip joint to develop normally. The correct position is achieved when the baby's legs are flexed to about 90 to 100 and the legs are brought out to the side (abduction).

ABOUT THE HARNESS

Chest Strap-Snug, not too tight, Should not "ride-up" under the arms.
Shoulder Straps-The Velcro strapping should be comfortable.
Foot Bootie-Can be configured to open or closed design.
Calf Straps-Secure below the baby's knees.
Front Strap-This is marked with Blue Thread, it controls Flexion.
Back Strap-This controls Abduction.

It is a good idea to put an Index Mark with ink pen on the straps to identify their correct position.

DO NOT REMOVE HARNESS unless approved by doctor.

Unfasten the Shoulder Strap from the Chest Strap.
Unfasten the Front Leg Strap from the Chest Strap.
Unfasten Booties and Calf Straps.
Unfasten and remove the Chest Strap.
Do not remove the Back Strap.

The Velcro Straps can become tangled very quickly. As each strap is unfastened, re-close it upon itself to cover the exposed Velcro.

WEARING THE HARNESS

It is very important that you follow your Doctor's instructions.
Keep all follow-up visits.
Contact your Doctor if you have any concerns.
Check the Baby's Skin at least 2-3 times per day.
Keep the skin Clean and Dry.
Avoid Lotions and Powders under areas of the harness.
Avoid storing in extreme heat or cold.

Single patient use. To be used only when ordered by a physician and applied by qualified medical professional



Authorized Representative: Medica Surgical Innovations Limited, Moorgate Street, Blackburn BB2 4PB, Lancs UK

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