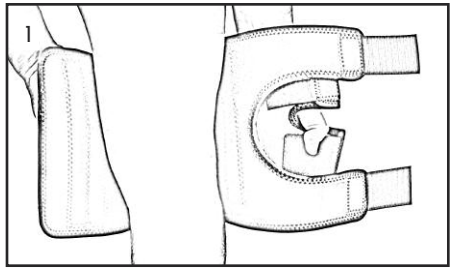
Shields^{tm} Brace

Warnings and Instructions: Review carefully, proper application is required

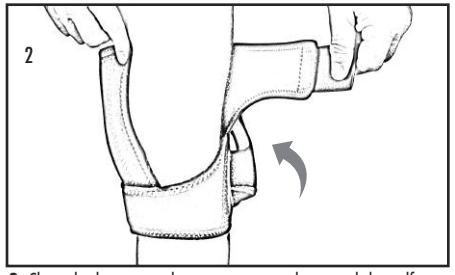
⚠Warning: This device will not prevent or eliminate risk of injury. Do Not Over-tighten. If swelling, pain, skin irritation, or an unusual reaction occurs, discontinue use immediately and consult your medical professional. This device should not be worn by persons with known allergies to neoprene.

Care: Hand wash using mild soap. Rinse thoroughly. Air dry only. Do not tumble dry.

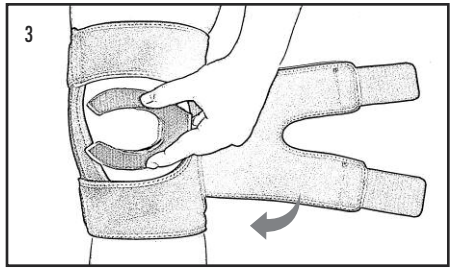


Note: For best application, keep leg fully extended. Separate the u-shaped buttress from the brace.

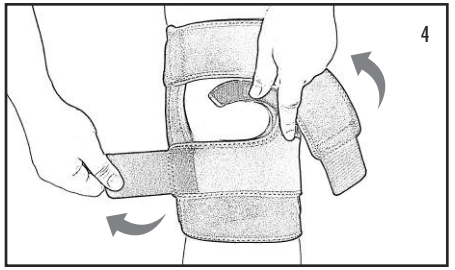
1. Locate the hole in the brace. Position brace with the oval hole behind the knee, centered at the bend in the knee. Ensure that all straps are located on the outside of the knee.



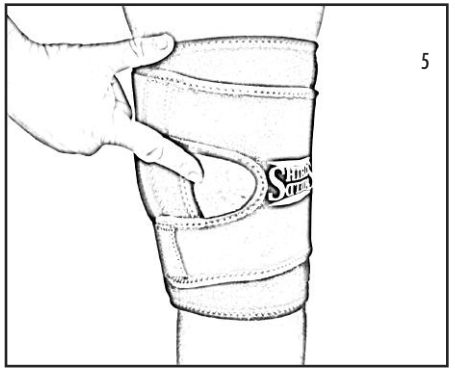
2. Close the bottom and top straps securely around the calf and thigh. Ensure that the kneecap is centrally located.



3. Locate the outside edge of the kneecap. Position the soft rubber side of the u-shaped buttress face down and press the buttress against the outside edge of the kneecap. It is important to position the buttress directly next to the kneecap.



4. While holding the buttress against the kneecap with one hand, pull the lower flap across the buttress and adhere the end of the flap strap to the inner side of the brace. Switch hands while continuing to apply pressure to the buttress, outside of the flap.



5. Pull the upper flap across the buttress and adhere the end to the inner side of the brace.

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30175 Hannover, Germany

Rev A 11/08

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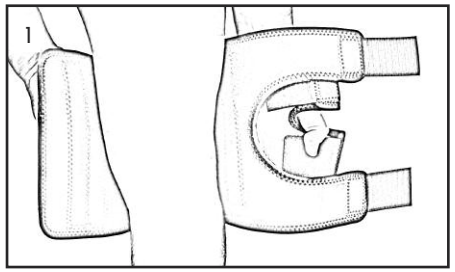
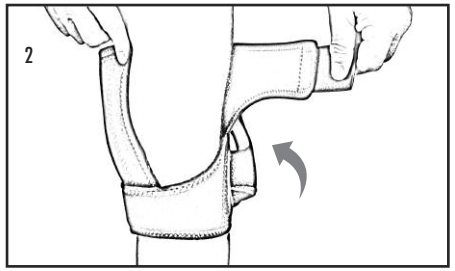


Note: For best application, keep leg fully extended. Separate the u-shaped buttress from the brace.

1. Locate the hole in the brace. Position brace with the oval hole behind the knee, centered at the bend in the knee. Ensure that all straps are located on the outside of the knee.



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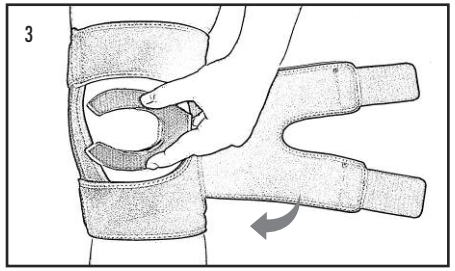

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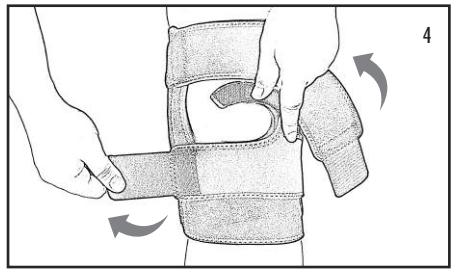

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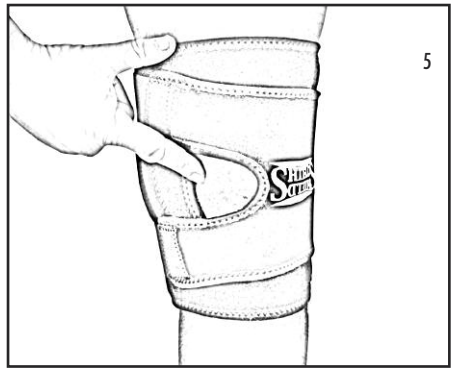

5. Pull the upper flap across the buttress and adhere the end to the inner side of the brace.

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