

FootFlexor®

Ankle Foot Orthosis

Durable, Easy to Use, and Fully Adjustable

ATTACH EYELET CLIPS

Slide set of eyelet clips into eyelets furthest down the shoe.
Put on stocking and shoe with eyelet clips attached; tie shoes tightly.



PUTTING ON THE WRAP

Center the FootFlexor directly above the heel of the shoe with the small tab oriented on the top right side of the brace.



SNUG FOR COMFORT

Wrap the left flap around the front of the leg and snugly close the top right tab onto the left flap. Snugly close the lower right tab around the lower part of the left flap. When using tall lace up shoes or boots place the Footflexor around outside of boot.

ADDING TENSION

Grab the tension cord ends and move to front of shoe for hooking up.

HOOKING ONTO THE CLIPS

Hook the tension cord to the eyelet clips on the toe of shoe.
Crossing the tension cords is recommended.

Moving the tension cord to lower loops on the Footflexor® will progressively increase the toe lift tension. Use enough tension to keep your toe up.
Enjoy walking again!

