

# Product Specification Sheet



**M100S(2)**

**M100S**

(Standard Accessories: 2x pulley handles per pulley)

## Functions:

The RehabPro Speed Pulleys create an additional exercise dosage adjustment not possible with standard pulleys. Altering speed of movement with the same number of weight plates acts like increased resistance, making an exercise more difficult to do. The speed function also allows for slow and fast eccentrics which stimulate soft tissue components differently. Its 6:1 weight-to resistance ratio allows for 25' of rope excursion opening the door for closed chain rehab for lower extremity coordinated gait. It also allows for the application of force taking rehab to higher level.

## Specifications:

Vendor Parts Number: M100S & M100S(2).

### Construction:

6:1 weight-to-resistance ratio weights stack. The weight stack consists of 20x 5.0 lb. weights which translates into a resistance as low as 0.85 lbs. per weight plate.

The pulley is TIG welded and made of durable, powder coated high strength steel.

The 3/16" non-stretchable marine rope adjusts in height and length along an 84.5" - 2" interval rope adjustment bar w/ spring-loaded plungers.

The pulley comes with 3/4" solid steel, chromium plated, self-adjusting guide rods ensuring smooth tracking of the weight stack.

Assembly: None required.

### Product Dimensions:

M100S & M100S(2): 84.5" (T)x 18" (W)x 8" (D), 150 lbs. & 300 lbs.

### Shipping Dimensions:

M100S: 87"x 18"x 14", 225 lbs. (Class 70)  
M100S(2): 87"x 18"x 24", 400 lbs. (Class 70)

SHIPS VIA TRUCK 

### Warranty:

1-year bumper to bumper on all parts  
5 years on all moving parts  
Life time on frame.