

MediBeads

Microwave Activated Moist Heat Products RECOMMENDED HEATING TIMES

As microwave ovens vary, be sure to touch test the item before applying. For wraps, test the interior before application.

ITEM #	DESCRIPTION	Recommended Heating Time (In Minutes)	Maximum Heating Time (Do Not Exceed)
34110 / 34115	MediBeads, Standard Pad (9" x 12")	1:30	2:30
34120 / 34125	MediBeads, King Pad (12" x 16")	2:30	4:00
34130 / 34135	MediBeads, Neck Rest (10 ½" x 14")	1:30	2:30
34150 / 34155	MediBeads, Compress (4" x 22")	1:30	2:00
34310 / 34315	MediBeads, Sinus Wrap (7" x 11")	1:00	2:00
34320/ 34325	MediBeads, Neck Wrap (8" x 22")	1:30	2:30
34340 / 34345	MediBeads, Therapy Wrap (7" x 14", ties)	1:30	2:30
34350 / 34355	MediBeads, Compress Wrap (5.5" x 18")	1:30	2:30
34510 / 34515	MediBeads, Hand Wrap (5 ½" x 7")	1:00	2:00
34520 / 34525	MediBeads, Carpal Cuff (4 ½ " x 4 ½")	:30	1:00
34530 / 34535	MediBeads, Joint Wrap (6" x 8")	1:00	2:00
34570 / 34575	MediBeads, Foot Wraps (pair)	2:00	4:00

Due to variations in microwaves, we recommend the heating instructions provided below:

DO NOT PLACE THE PRODUCT directly on the microwave turntable. Use a clean microwave-safe plate to place the products on. Microwave the moist heat pack for half (1/2) the recommended time (see above). Rotate 90 degrees in the microwave and reverse any fold. Complete the microwave cycle as directed.

MediBeads products are hand washable, creams and lotions will sometimes soil the product, be certain to wash pads to keep them free of these contaminants. Disposable covers are also available for facilities that use the products on multiple patients. If you are interested in these covers simply Inquire about item #34901 containing 50 disposable sheets.

Placing the MediBeads product flat in the microwave is preferable to folding. Loose folds are better than tight folds.