

# ADJUSTABLE LUMBAR BACK BRACE

## APPLICATION INSTRUCTIONS



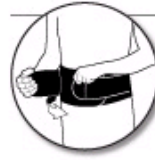
**1**  
Center  
lumbar  
pad inside  
brace



**2**  
Release  
outer  
elastic  
straps



**3**  
Wrap main  
elastic  
around  
waist



**4**  
Fasten  
outer  
straps,  
right over  
left

### PRODUCT CARE:



HAND WASH,  
COLD



DO NOT  
BLEACH



LINE DRY  
AIR DRY



DO NOT  
IRON



DO NOT  
DRY CLEAN

DO NOT  
USE  
FABRIC  
SOFTENER