

# R3xm Recumbent Cycle



- Class I Med CE certified for therapeutic, rehabilitation and active-aging settings
- Intuitive, bright LED console displays only the feedback essential to therapists and clinicians
- Step-through design offers easy entry and exit
- Pedal crank arms are independently length adjustable from 3.8 cm–17.8 cm / 1.5"–7" without tools to allow rotational movement with limited knee or hip range of motion
- Seat swivels 160 degrees and locks at right, left and center to accommodate a variety of client needs
- Self-balancing pedals with heel cups and adjustable straps provide secure, stable foot placement
- Effortless one-hand seat adjustment fine-tunes positioning to suit users of all sizes
- Pedal cranks lock into numbered positions to easily verify crank height and clearly record client progress
- Transport handle is easily accessible, and top-down adjustment simplifies leveling after installation, maintenance or use
- Hand toggles make adjusting resistance easy and instant
- User-facing Ergoform hand grips provide comfortable use
- Ergo Form seat and back pad enhance comfort, support and ventilation
- Self-powered system provides cost-savings and freedom of placement within the facility
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network

## CONSOLE

Display Type	Dot-matrix LED with profile display
Display Feedback	Time of Day, Time Elapsed, Time Remaining, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile
Secondary Data Display	No
User-defined Multi-language Display	Accessible only through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish
Resistance Range	1-30
Workouts	Manual, Constant Watts, Fat Burn, Interval Training, Target HR, Fitness Test
CSAFE Ready-FitLinxx™	Yes
IPTV Compatible	No
Pro:Idiom Compatible	No
FitTouch™	No
Instant On Technology	Yes
One-button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear™ Television Technology	No
FITCONNEXION™ Ready	No
WiFi Enabled	Optional
Bluetooth Enabled	No
iPod	Charging only
Multimedia Playback	No

Personal Fan	No
Personal Trainer Portal Compatible	No
USB Port	Yes
Virtual Active™	No
Asset Management Compatible	Yes
Workout Tracking Network Compatible	No
Web Connectivity	No
Facility Communication Portal/Calendar	No
RFID Compatible	No
Pause Function	Yes
Reading Rack	Yes

## FEATURES

Contact & Telemetric HR	Yes
Handlebar Design	Seat side / Front ergo bend
Integrated Arm Rests	No
Remote Resistance Controls	Yes
Bottle Holder	Yes

## RESISTANCE SYSTEM

Resistance System	Brushless generator
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## TECH SPECS

Crank Design	User Adjustable Cranks
Power Requirements	Self-powered / powered 100v-240v - 50/60Hz AC
Minimum Watts	4 powered / 7 self-powered
Minimum RPM	25 powered / 25 self-powered
Assembled Dimensions	150.3 x 65.4 x 140 cm / 59.2" x 25.7" x 55.1"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	87.5 kg / 192.9 lbs.
Shipping Weight	99.7kg / 219 lbs.