MULTI-AWARD WINNING ORTHOTIC TECHNOLOGY

- QUICK AND SIMPLE FITTING.
- MULTIPLE STYLES OF ORTHOTICS FOR MULTIPLE SHOE TYPES.
- ADJUSTABLE CUSTOM POSTING
- HEAT MOLDABLE FOR CUSTOM FIT.
- BALANCED REARFOOT - FOREFOOT ENSURES CORRECT FOOT FUNCTION.

VASYLI®
MEDICAL

WEARING IN AND CARE:

It may take a few days for your feet to become accustomed to VASYLI Orthotics. If any discomfort occurs, remove them for one or two hours, then wear them again. Continue to do so until comfortable. Should any discomfort continue, consult your prescribing physician.

TO CLEAN: simply wipe the cover with a damp cloth. In the unlikely event of odor build up, the custom orthotic can be wiped with an antibacterial solution.

VASYLI®
MEDICAL

For more information:
www.vasylimedical.com

VASYLI®
MEDICAL

GUIDE TO ORTHOTICS AND COMMON FOOT COMPLAINTS

VASYLI MEDICAL ORTHOTICS ARE IDEAL FOR TREATING:

PATELLO-FEMORAL PAIN

This type of knee pain is commonly caused by over-pronation. As the foot rolls over, the lower leg (tibia) internally rotates, putting forces on the knee cap and weakening the muscle structures, causing knee pain.

PLANTAR FASCIITIS

Heel pain is commonly caused by rolling over of the foot (over-pronation). As the foot over-pronates, the arch collapses and the muscles and supporting structures are forced to stretch and elongate. This puts stretch and strain on the ligaments running from the heel to the toes. In turn, the heel bone may develop a bony growth (heel spur) in the center of the heel.

LUMBO-SACRAL PAIN

As the feet roll over and the legs internally rotate, the pelvis is forced to tilt forward, resulting in increased curvature of the lower back. In turn, this causes tightness and stiffness of the lower back muscles.

ACHING LEGS

Tired/aching legs are commonly caused by strain and stretching on the calf muscles at the back of the legs. This occurs when the feet over-pronate and the legs rotate internally. In turn, this places stress and strain on the muscle structures of the legs.

ANTERIOR & POSTERIOR SHIN SPLINTS

Shin pain referred to as shin splints is a common term for pain occurring in the front and/or inside section of the shin bone (tibia). Anterior (front) shin splints are often experienced by new runners or walkers when pain occurs in the muscles at the front of the shin during exercise. Posterior (inside) shin splints are a more chronic condition occurring along the inside edge of the shin bone and are generally seen with more active sports. Both conditions are related to excess stretching of muscles and tendons along the shin (tibia and fibula) bones.

METATARSALGIA

This condition more commonly occurs with women than men. It causes a burning sensation in the ball of the foot and can become very painful. Ball of foot pain (Metatarsalgia) commonly occurs from rotation and dropping (plantarflexion) of the metatarsal bones along with over-pronation and weakening of the soft tissue (ligament & muscle) structures.

PES PLANUS

A true flat foot is rare. Generally, a flat-footed person is only suffering from a functional flat foot caused by over-pronation. Over-pronation causes the foot's arch to collapse and elongate, giving the appearance of a flat foot. A functional flat foot is quite common and typically exhibits symptoms ranging from sore/tired feet to general leg fatigue and body aches.

MAXIMUM CONTACT PRO | 1st RAY FUNCTION | SENSITIVE FEET

NATURAL ALIGNMENT

OUR BIOMECHANICAL FOOTBED SUPPORTS YOU FROM THE GROUND UP.

VASYLI Orthotics are unique, patented shoe inserts invented by Podiatrist Phillip Vasyli to correct the lower limb to its natural angle. In turn, VASYLI Orthotics provide you, the patient, with natural, lasting relief for many chronic complaints including Heel Pain, Knee Pain, Back Pain and Aching Legs.

LOW-PROFILE SPORTS | SUPINATION CONTROL | TISSUE STRESS RELIEF