

I N S T R U C T I O N S

Heel Guide™ Compression Stocking Aid

Catalog Number 73855-0000

1. Place the Heel Guide™ Compression Stocking Aid on a flat surface, with the opening of the cone facing away from you.
2. Hold the sock or stocking over the cone with the heel towards you. With both hands, drape the sock or stocking over the column. Do not twist or bunch the sock. The toe of the sock should be approximately 1" below the top of the column.

Note: Once the sock is placed on the cone you will need to push it up so that it does not go more than half way down the cone.

3. While in a seated position, place your toe in the opening of the sock. Using the handles, gently pull the device upwards. The stocking will slide on. You may find that a jerky motion works best.
4. When the stocking is over the calf, pull the device away backwards. If necessary, pull the rest of the stocking up by hand.

Practice will speed up this process. The device is only to be used while a person is in a seated position.

Warning: DO NOT USE WHILE STANDING.



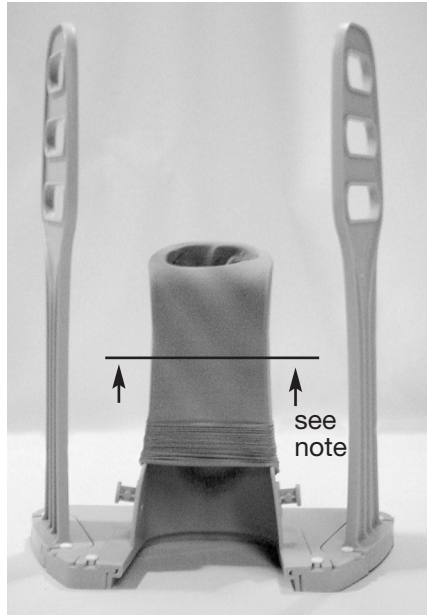
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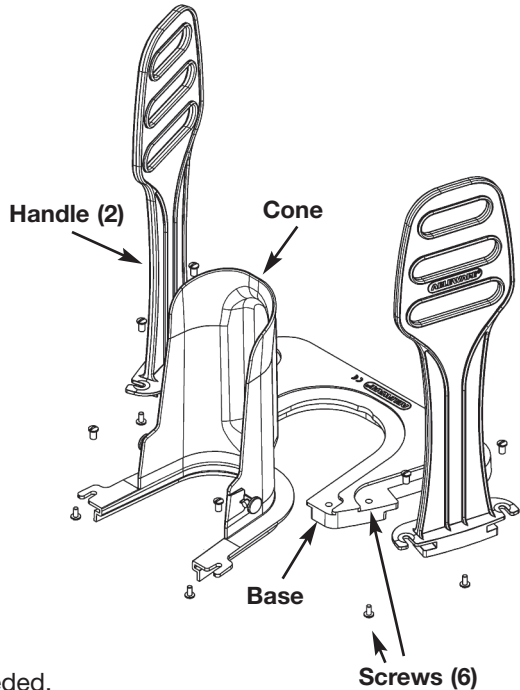
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Tool-Free Assembly Instructions

A. Attaching Handles to Base

1. With the notches located on the bottom of the handle facing away from the base, slide the handle into the base of the Heel Guide™ Compression Stocking Aid.
2. Align the notches in the handle with the holes in the base of the sock aid.
3. Two screws are used per handle and each screw comes in two parts - hollow and threaded. Insert the hollow end into the notches of the handle and through the holes in the top of the base. Then insert the threaded ends into the holes on the bottom of the base. Simply squeeze the screw and hollow end together to close; no screw driver is needed.
4. Repeat steps 1-3 with the other handle.



B. Attaching Cone to Base (two screws are used)

1. With the notches on the bottom of the cone facing away from the base, slide the cone into the base of the Heel Guide™.
2. Align the notches in the cone with the holes in the base of the stocking aid. You may need to adjust the flange of the cone slightly in order to align the notches in the cone with the holes in the base.
3. Insert the hollow end of the screws into the notches of the cone and through the holes in the top of the base. Insert the threaded end through the holes in the bottom of the base. Simply squeeze the screw and hollow end together to close; no screw driver is needed.



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