

**New**  
FROM  
INTIMATE ROSE



## PELVIC WAND

The Intimate Rose Pelvic Wand allows you to release painful trigger points and tender points in your pelvic floor muscles. Designed by a pelvic floor therapist, our unique design allows you to easily access hard to reach muscles in the vagina or rectum for relief.

- + Two uniquely shaped ends to reach tender points +
- + Smooth and easy to insert +
- + BPA Free, Nonstick, Proprietary Medical Grade Silicone +

*"I designed this wand to reach the deep pelvic floor muscles and to provide maximum comfort to my patients."*

-Dr. Amanda Olson



Perfect for people with:

Pelvic Pain · Vaginismus · Vestibulodynia  
Interstitial Cystitis · Constipation · Tail Bone Pain



Intimate Rose®

Dr. Amanda Olson, DPT, PRPC is a doctor of physical therapy and certified pelvic floor specialist through both the American Physical Therapy Association (APTA) and the Herman and Wallace Pelvic Institute.

Dr. Amanda's commitment to pelvic health developed from her own emotional experience. Discover her harrowing journey from doctor to patient and back again, and how a tragedy and months of challenging recovery inspired her to become an advocate for millions of women.

LEARN MORE at

[IntimateRose.com/ourmission](https://IntimateRose.com/ourmission)

Millions can now be empowered to break free from the issues that prevent them from doing what they love. Dr. Amanda offers life changing solutions through Intimate Rose products, guides, and the PHN network of health care providers, as well as her book, Restoring the Pelvic Floor for Women. Connect with her in her private Facebook group which provides a safe, welcoming environment for support, answers, and inspiration.



JOIN TODAY at

[facebook.com/groups/IntimateRose](https://facebook.com/groups/IntimateRose)



Intimate Rose products are trusted and chosen by the APTA to be used in their training courses.



Intimate Rose is a clinician member of The International Pelvic Pain Society.

@IntimateRose 888.534.7673

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Intimate Rose®



HELPING YOU

*Live your best life.*

Life Changing  
Solutions at  
INTIMATEROSE.COM



INTIMATEROSE.COM

# AWARD WINNING PRODUCTS

Offering Solutions to Women's Sensitive Issues



## KEGEL WEIGHT SYSTEM

In just 15 minutes a day using our vaginal weights, you'll feel the difference. After 1-2 months, you'll have stronger and tighter vaginal muscles for improved bladder control, easier labor, faster childbirth recovery and sexual satisfaction like you've never had before!

- + 6 Progressive Weights to Help You Reach Your Goal +
- + Trusted by The American Physical Therapy Association +
- + 2017 Mom's Choice Award Winner & Amazon Best Seller +

What our customers are saying:

**"A Game Changer"**

**"It really works."**

**"A must try!"**

Perfect for women experiencing:

Urinary Incontinence · Pelvic Organ Prolapse  
Weak Pelvic Floor Muscles · Childbirth Recovery

### NEW HIGH QUALITY SUPPLEMENTS

#### PROBIOTICS for WOMEN

Supports Vaginal pH, UTIs, and Digestion with a Prebiotic & Probiotic Blend



#### BORIC BALANCE

Fast Acting Formula Supports pH Balance and is 100% Pure, No Fillers or Additives



#### PRENATAL MULTIVITAMIN

Complete Prenatal Vitamin Formula with Better Absorption from Quality Vitamin Forms



#### PRENATAL DHA + EPA

Omega-3s that are Essential for Baby's Brain, Eyes, & Spinal Cord



## DON'T FORGET THE Essentials

### ENCHANTED ROSE

ORGANIC FEMININE BALM

- + Organic soothing relief - non-sticky for daily use on sensitive areas
- + 100% Natural - safely rejuvenate & rehydrate

+ Perfect for women with:

- Dry or Sensitive Skin
- Vulvodynia
- Vestibulodynia
- Vaginismus
- Menopause



### VELVET ROSE

WATER-BASED PERSONAL LUBRICANT

- + Silky Smooth, Safe Water-Based Formula
- + Long Lasting & Non-Sticky

+ Perfect for use with:

- Dilators
- Kegel Weights
- Pelvic Wand
- Condoms
- Toys



## SMOOTH & COMFORTABLE DILATORS

Our dilators are firm enough to hold their shape, but are significantly smoother and more comfortable than dilators made of plastic and other silicone dilators that have a sticky finish.

- + 8 Gradual Sizes to Help You Reach Your Goal +
- + Designed by a Pelvic Physical Therapist +
- + BPA Free, Nonstick, Medical Grain Silicone +

Perfect for people with:

Vaginismus · Vestibulodynia · Vulvodynia · Pelvic Pain  
Painful Sex · Radiation Therapy Side Effects  
Post Surgery · Vaginal Stenosis



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