

Lifestyle Elliptical

LED CONSOLE

Ideal for light-use environments, our Lifestyle Elliptical features a compact frame to fit your facility. A patented suspension design minimizes noise and friction, extending product life. Smart ergonomics fits the body and its natural movements for comfortable, low-impact cardio, and convenience features improve the experience for users and facilities alike.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training [†] , fitness tests
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
ANALOG TV	Optional, attachable add-on TV
DIGITAL TV	Optional, attachable add-on TV
IPTV	No
PRO:IDIOM COMPATIBILITY	Optional, attachable add-on Pro:Idiom TV (≠ IPTV)
WIFI	Optional, included with Asset Management and Workout Tracking Network App
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE®, IPAD®, IPOD®	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
†Some of these programs may not be available on this frame.	

FRAME	
ASSEMBLED WEIGHT	151 kg / 332.9 lbs.
SHIPPING WEIGHT	173 kg / 381.4 lbs.
CONTACT & TELEMETRIC HR	Yes
ETHERNET CONNECTIVITY	Yes
MAX USER WEIGHT	182 kg / 400 lbs.
MINIMUM RPM	10 RPM powered or 30 RPM self-powered
MINIMUM WATTS	5 W powered or 35 W self-powered
PEDAL SPACING	6.4 cm / 2.5"
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
RESISTANCE SYSTEM	Brushless generator
STEP-ON HEIGHT	23 cm / 9.1"
STRIDE LENGTH	51 cm / 20"
TOP-DOWN LEVELERS	No
WATT RANGE	5-650 W
RESISTANCE LEVELS	30
ASSEMBLED DIMENSIONS	151 x 73 x 175.7 cm / 59.4" x 28.7" x 69.2"

FRAME	
ASSEMBLED ACTIVE DIMENSIONS	174.6 x 73 x 175.7 cm / 68.7" x 28.7" x 69.2"