



Elite AFO Rehabilitator®
Fitting and Application

IMPORTANT

Inspect the footwear that will be used when using the Elite AFO Rehabilitator® to ensure the shoes are appropriate to provide a stable base of support with AFO use. Loafers, sandals or any shoe without a back should NEVER be worn while using the Elite.

Fitting the Elite AFO Rehabilitator

1. Remove the shoe inner sole (when possible) and place the footplate into the shoe. Test the fit of the AFO foot plate
2. If necessary, shorten the footplate by cutting or grinding to the appropriate length. Be certain to buff the edges until smooth. Upon completion of customizing the footplate, check to ensure there are no sharp edges.
3. Replace inner sole of the shoe over footplate of the brace.
4. Slide your foot into the shoe. Fasten snugly (ties, Velcro, etc.)
5. Secure calf strap of your brace.

Cleaning the Brace

Wipe brace with a damp cloth if needed.

It is recommended to wash the cuff soft kit once a week.

1. Remove soft pad from cuff.
2. Hand wash in cool water with gentle detergent. ***DO NOT USE CHLORINE BLEACH.***
3. Line drying is recommended, but a dryer on low heat and gentle cycle may be used.