

W-200 Wrist Wrap

Place the thumb through the wrap's thumb hole with the sewn seam located on the wrist side of the thumb (the sewn seam should not be in the thumb web space).

First wrap the short side of the wrist wrap around the wrist and under the longer portion of the wrap, allowing the Velcro square to adhere.

Continue wrapping the long portion of the wrist wrap around the wrist and secure the Velcro tab closure for the appropriate compression and comfort.