



**Elite Pro Rehabilitator®**  
Fitting and Application

**IMPORTANT**

Inspect the footwear that will be used when using the Elite Pro Rehabilitator® to ensure the shoes are appropriate to provide a stable base of support with AFO use. Loafers, sandals or any shoe without a back should NEVER be worn while using the Elite.

**Fitting the Elite Pro Rehabilitator**

1. Remove the shoe inner sole (when possible) and place the footplate into the shoe. Test the fit of the AFO foot plate
2. *If necessary, shorten the footplate by cutting or grinding to the appropriate length. Be certain to buff the edges until smooth. Upon completion of customizing the footplate, check to ensure there are no sharp edges.*
3. Replace inner sole of the shoe over footplate of the brace.
4. Open the hook and loop closures of both the calf and shin straps on the brace
5. Slide your foot into the shoe. Fasten the shoe snugly (ties, Velcro, etc.)
6. Secure the bottom strap of the brace first then secure the upper calf strap. The straps should be snug as to hold the brace against the leg, but not too tight.

**Cleaning the Brace**

Wipe brace with a damp cloth if needed.

***It is recommended to wash the cuff soft kit once a week.***

1. Remove soft padding from cuff.
2. Hand wash in cool water with gentle detergent. **DO NOT USE CHLORINE BLEACH.**
3. Line drying is recommended, but a dryer on low heat and gentle cycle may be used.



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