

Uberlube and Scars: Color, Texture, Appearance

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Surgical scars may be associated with long term cosmesis complications including but not limited to changes in skin color, texture, and overall appearance. There are currently many over the counter products on the market advocated for scar improvement. There have been user reports that Uberlube, a premium silicone lubricant, has been used to improve scar characteristics.

Methods

A convenience sample of 25 participants was recruited from a sexual medicine center to voluntarily participate in this 4-week trial. Participants were asked to use Uberlube premium silicone lubricant one pump twice daily on their mature scar (greater than 6 months old). Baseline demographic data and post use survey information was retrieved. Participants were compensated with a small Amazon gift card for their time.

Results

A total of 25 participants (7 male, 18 female) completed the 4-week scar trial (100% compliance). Mean age was 42 (range 15-72). Past medical illness of the participants included high blood pressure (20%) and hypothyroidism (8%). Thirty-six (36%) did not have any chronic medical conditions. On a Likert scale (0 being no complaint, 10 being severe) baseline concern of the scar was on average 6.96 (range 5-10), irritation 6.12 (range 4-8), and concern about scar color 6.32 (range 5-9). 36% of participants had tried other scar remedies including vitamin E (16%) and Mederma® (20%). One fifth (20%) had used Uberlube prior to the survey for sexual intimacy/intercourse and were familiar with the brand. On average participants used the product 2.16 times per day. Marked improvement in scar characteristics after 4-week use was reported. Participants reported improvement in appearance (88%), color (84%), texture (72%), and sensation (64%).

Overall, 96% reported that Uberlube provided an excellent barrier for scar protection. 96% of participants would recommend the product to a friend, and 100% reported liking the bottle design and delivery system.

Previous use of Uberlube was as follows: 44% for sexual intimacy, 44% for ease of skin chafing, and 44% for hair styling.

Only 1 participant (4%) reported mild itchiness at the scar post application. It was reported as mild, transient, and resolved spontaneously.

Conclusions

Uberlube is a versatile personal care product. It has a long history as a premium sexual intimate lubricant and has the opportunity to be used post scar to help enhance the appearance, color, and texture in selected individuals. Other uses may include: improving tattoo characteristics, lip balm, chafe prevention, and hair styling. Further study is warranted.

Product Comments

Not greasy
Like the texture, not greasy
Bottle is pretty
Loved the bottle
Bottle is so fancy; bottle is beautiful



Excellent quality and slickness
Great versatile product, enjoyed use for everything, lots of uses, fun product
It's an attractive bottle, sleek but not easy to travel with or pack without leakage, make a travel friendly version and a locking mechanism.
Good product, not too greasy feel
I enjoyed it for hair use changed the texture to much softer
I used SPF over this product to protect my scar from the sun

Scar Comments

My scar looks less red, less irritated and is softer.
Lightened the color of scar, less noticeable
Improved the scar texture/smoothier
Will use for a longer time, mild improvement
Great amazing lip Balm
Satisfied, will use as a scar treatment
It was great and helped a lot
Highly recommend the product
Liked the product, will use and recommend it often
It's great for scarring, I used it on a burn to help with healing and it provided a barrier.
It was dark but it helped with healing
Helped healing my scar process. My scar is not as dark.
Improved the texture, smoother-like viscosity
Easy to carry bottle. Kept skin moisturized even in cold dry weather
Made the scar less noticeable, lightened the color
I found some improvement in my scar overall.
I think the scar looks better since using Uberlube. The texture is smoother.
My scar looks less raised and smoother. The color is a bit brighter.
I think this product did an OK job, perhaps I had limited results since my scar is 8 years old.

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