Gait belts are used for lifting, transferring or ambulating patients.

Gait Belts are not to be used as a chair, wheelchair or bed restraining device.

Thread the metal tipped end of the belt through the buckle hinge, over teeth and through the slot opening at the back of the buckle.

Adjust the belt snugly around the patient’s waist. Leave enough room so that you can get both hands around the webbing. Slide your hands upwards underneath the belt. Grasp belt at patient’s side and back. Your dominant hand should be at the patient’s back.

CAUTION: Insure you have the physical capability to support that patient before lifting, transferring or ambulating them. If necessary, two caregivers may be required for patient safety. This is especially important if the patient is large or very heavy.

Refer to cleaning instructions for specific Gait Belt models.