

Overview: Gait belts serve as essential aids for lifting, transferring, or assisting patients with ambulation. It's crucial to note that these belts should never be repurposed as restraints for chairs, wheelchairs, or beds. To properly secure a gait belt, start by threading the metal tipped end through the buckle hinge, ensuring it passes over the teeth and through the slot opening at the back of the buckle.

Instructions: Adjust the belt snugly around the patient's waist, leaving adequate room to comfortably fit both hands around the webbing. Slide your hands upwards underneath the belt, grasping it at the patient's side and back. Position your dominant hand at the patient's back for optimal support.

Cleaning: Simple Care Gait Belts should be cleaned using a commercially available alcohol based or other antiseptic cleaning wipe or warm soap and water for cleaning. Please ensure the gait belt is rinsed thoroughly after cleaning and is air dried before the next use. It is not recommended to expose the Simple Care Gait Belt to temperatures exceeding 118° F (47.5° C) for an extended period of time.