

AIDS TO DAILY LIVING

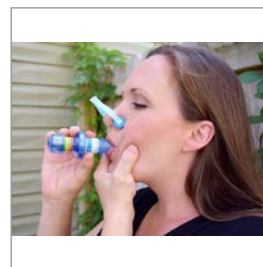


EMST 150 EXPIRATORY MUSCLE STRENGTH TRAINER

The EMST 150 Expiratory Muscle Strength Trainer is clinically proven to strengthen muscles to improve breathing, cough, swallowing, and speech. This makes it an ideal aid for people with spinal cord injuries, Parkinson's, Multiple Sclerosis, or other degenerative neuromuscular diseases. The trainer can also be used by people with dysphagia or COPD and stroke survivors. It features adjustable calibration from 0 - 150 cm H₂O for a variety of training purposes.

Key Features:

- Includes trainer, mouthpiece, nose clip, and instructional brochure
- Breath trainer settings allow therapists to monitor progress
- Train to improve coughing, swallowing, and breathing muscles
- The IA150 Adapter allows switching exercises



SKU	Item Name	Specifications
081713205	Comfort Fit Mouthpiece	
081706191	Expiratory Muscle Strength	
7031135	Inspiratory Adapter Single	
7031073	Inspiratory Adapter-24 Case	



Scan to view product online