



Targeted Relief.
Anytime. Anywhere.

Thera Cane®

TRIGGER POINT SELF-MASSAGER

THERA CANE BENEFITS

A clinically trusted self-massage solution designed to apply deep compression to trigger points, helping relieve muscle tension, improve mobility, and support recovery.

- Targets hard-to-reach areas (back, neck, shoulders, hips, legs)
- Provides deep tissue pressure with full user control
- Helps reduce knots, stiffness, and soreness
- Supports trigger point therapy at home



THERA CANE

- Everyday relief. Best-selling self-massage hook design.
- Lightweight with a multi-node system for targeted pressure.
- Ideal for **daily tension, recovery, and stress relief.**

COLOR	ITEM NUMBER
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Blue	7036152



THERA CANE MAX

- Delivers the same targeted trigger point therapy as the original.
- **Compact design for relief anywhere.**
- Easy to pack for gym, office, or travel.

COLOR	ITEM NUMBER
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Blue	7036153

IDEAL FOR

Workday Relief

Post-Workout Recovery

At-Home Wellness

On-The-Go Travel



Learn More!
PerformanceHealth.com

