

# Application and Fitting Guide

# Proper Sizing and Care



RCT STUDY



HEELIFT® brand Suspension boots are soft, latex-free foam boots designed to:

- Elevate the heel while lying down
- Protect the foot and ankle from injury due to pressure, friction, and shear forces
- Allow the patient to reposition as needed while HEELIFT® stays in place on the lower limb
- Customizable heel offloading boot which can be accommodated to offload other at-risk areas in addition to the heel in order to prevent secondary pressure ulcer/injuries



Petite  
6.75" H x 10.5" L  
(17cm H x 27cm L)

Standard  
9" H x 12" L  
(23cm H x 30cm L)

Bariatric  
10.75" H x 15" L  
(27cm H x 38cm L)

CALF CIRCUMFERENCE	
Standard 081613819	10 - 15 in (25 - 38 cm)
Bariatric 081613892	15 - 23 in (38 - 58 cm)
Petite 081613900	6 - 10 in (15 - 25 cm)

Petite and Standard sizes available with Smooth or Convoluted interior. Glide Ultra interior consists of fluid-repellent lining.



Single Patient - Multiple Use

Hand Wash Machine Wash Machine Dry Low Sanitize



Secure straps and place boot in HEELIFT® laundry bag or pillowcase before machine washing with gentle detergent. Do not use bleach.

## Easy Application and Fit



- Measure for correct sizing.
- Place foot inside boot with the heel above the opening.



- Thread straps through D-rings.
- Secure the straps.



- Using two fingers, test each strap to make sure boot is not too tight or not too loose. Boot should not move on the leg.

**CAUTION:** Make sure straps are not in contact with skin.



- Check to confirm heel is off-loaded using heel opening.

**WARNING:** As per standard of care, remove HEELIFT® boot and inspect skin every 8 hours to ensure no compromise of the skin has occurred. Application and customization of the boot should only be performed per the discretion of the healthcare provider after reviewing IFU cautions and warnings.

## Optional Customization

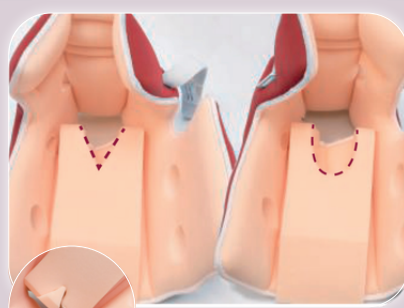
Consult Instructions for Use for Customization and Cleaning Instructions



Optional Anti-Rotation Wedge for Foot Rotation (sold separately)



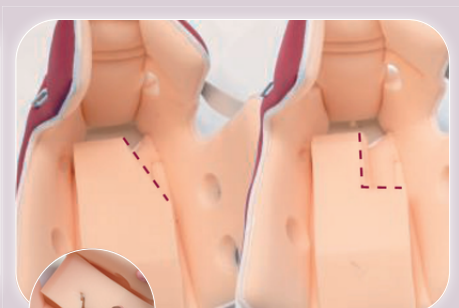
SCD Tubing for DVT Prevention



Achilles Tendon



Foot Drop



Ankle Malleoli

Patent 7,458,948  
\*Suggested HCPC - E0191

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