

BEFORE USING THE DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

INDICATIONS: Helps prevent and protect injuries including strains and sprains; Aids in proper alignment while sitting and standing for prolonged periods. Support may be worn under or over clothing.

- 1) Center back pad in the middle of the lower back. Note: The narrow side of the back pad is the top of the support.
- 2) Pull the waistband straps forward and secure in front,
- 3) Secure the two side elastic compression straps on the belt ensuring the lumbar back pad is positioned firmly against the lower back.
- 4) For additional support, pull and secure compression strap from left side first, and adhere to the abdominal section of the belt. Next, pull the right side compression strap, overlapping left side compression strap and secure on contact closure. For less support loosen side compression straps.

USE AND CARE:

Hand wash in cold water with mild detergent. Air dry. Avoid direct heat or sun. This product is intended for use on a single patient.

CAUTION: Support should be worn as directed. Never wear unfastened.

WARNING: If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your medical professional immediately.