Application Instructions
Ankle Foot Orthosis

Notice: This device is intended for the use only under the direction of a medical professional. If you experience any pain, swelling, sensation changes or any unusual reactions while using this product, consult your medical professional immediately.

How to use:
1 - Sit in a chair. Place the foot into the brace as shown.

2 - Wrap the calf strap around the leg

3 - Put on a lace up shoe.

Use and care:
The brace may be washed in warm water with a mild detergent. Rinse thoroughly and towel dry.

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Fitting chart

<table>
<thead>
<tr>
<th>Size</th>
<th>Men’s shoe size</th>
<th>Women’s shoe size</th>
</tr>
</thead>
<tbody>
<tr>
<td>small</td>
<td>5-7.5</td>
<td>3-6</td>
</tr>
<tr>
<td>medium</td>
<td>7.5-10</td>
<td>6-9</td>
</tr>
<tr>
<td>large</td>
<td>10-13</td>
<td>9+</td>
</tr>
</tbody>
</table>