

# ReadyWrap™

MANUFACTURED BY SOLARIS



user guide

## Thank You

Thank you for choosing ReadyWrap!

Your ReadyWrap is designed to be an easy and effective alternative to elastic compression garments or multi-layered bandaging.

Your ReadyWrap also features:

- Color-coded straps for easy use
- High-tech fibers for comfort
- Overlapping straps to prevent gaps\*
- Contoured design for optimal fit

We always love to hear from you. Please call us at (414) 892-4140 or email [info@solarismed.com](mailto:info@solarismed.com) with your questions, concerns, and suggestions. Thank you again for your support!

\*Calf, knee, and thigh units



## Indications

- Lymphedema
- Acute / Chronic Edema
- Indurate Tissue
- Venous (Stasis) Ulcer
- Varicose Veins
- Post Sclerotherapy
- Venous Insufficiency
- Prevention of DVT

## Contraindications (Manufacturer Recommended)

- Arterial Insufficiency or Degeneration
- Acute DVT (Deep Vein Thrombosis)
- Untreated Congestive Heart Failure
- Untreated Cancer
- Untreated Infection
- Absent or Severely Impaired Sensation
- Allergy to Materials
- Severe or Moderate Peripheral Arterial Disease
- Severe Cognitive Impairment

## Getting Started

**Before wearing your ReadyWrap for the first time, it is essential that you wash your ReadyWrap(s) and liner(s) and consult with your garment provider to ensure that you are applying the correct amount of compression.**

To check compression of your lower extremity ReadyWrap garments, insert your index, middle and ring fingers between straps. If your fingers do not fit comfortably, the straps may be too tight. Consult with your medical professional if you have questions about compression.

After removing your garment(s), if you notice deep indentations, indentations lasting longer than 30 minutes, changes in skin tone or any irritation, discontinue use until you consult with your physician.

Visit [youtube.com/SolarisInc](https://www.youtube.com/SolarisInc) any time to watch “how to” videos for using your ReadyWrap garments.



## Helpful Hints

Most people prefer to apply their lower extremity ReadyWrap garments while long sitting (with legs stretched out in front of them). However, some find it easier to put on while sitting in a chair or standing. We encourage you to see what method works best for you.

If applying full leg coverage, put your knee unit on last so you can easily adjust it if needed.

If you find that your Thigh unit often slips, try fastening the top strap in a "V" or "cross" design ([see page 15](#)).

When using an arm unit and gauntlet, apply the arm unit first.

When removing your ReadyWrap, try folding each strap back and fastening the hook to prevent tangling and ease future donning.



## Materials

Contains hook and loop materials.  
*Not* made with natural rubber latex.

Please reference your ReadyWrap garment tag for complete material contents.

ReadyWrap is made in the USA.



## Warranties

**Warranties:** ReadyWrap products are warranted to be free of defect for 6 months from the date of purchase. Silver Liners and Extender Straps are not warranted.

## Care Instructions

**Wash:** Hand wash in warm water with a drop of mild detergent. Rinse thoroughly in warm water. DO NOT use bleach or fabric softener.

**Dry:** Lay on a lint-free or flour-sack towel and squeeze your ReadyWrap to remove excess water. Lay flat on a dry towel to finish drying. Take care to ensure the hook does not contact your towel. DO NOT iron.



Silver Liners cannot be worn with ReadyWrap Toe garments.

## Applying Your ReadyWrap Toe

**1** Unfasten all of the straps on your ReadyWrap Toe garment. Slide it over your foot and position your toes between the spacers.

**2** Fasten the two toe straps with white hook.





**3** Then, fasten the strap with light blue hook.

**4** Fasten the strap with dark blue hook. Lastly, adjust all straps for comfort.



Instructions shown without liner for better visualization.

## Applying Your ReadyWrap Foot

**1** Align your ReadyWrap so the strap with white hook is the closest to your toes and the strap with light blue hook is by your ankle.

**2** Place your heel firmly into the heel hole in the back of your ReadyWrap. The tag should be on the outside of your ReadyWrap, above your heel.



Always wear a *clean* liner underneath your ReadyWrap.

**3** Place the bottom strap without hook over your foot (a). Then fasten the strap with white hook over the top (b).



**4** Place the top strap without hook over your ankle. Then fasten the strap with light blue hook over your ankle. Adjust for comfort.



Instructions shown without liner for better visualization.

## Applying Your ReadyWrap Calf

- 1 Place your ReadyWrap against your calf. The shortest strap with white hook is the ankle strap and should be aligned just above your ankle.

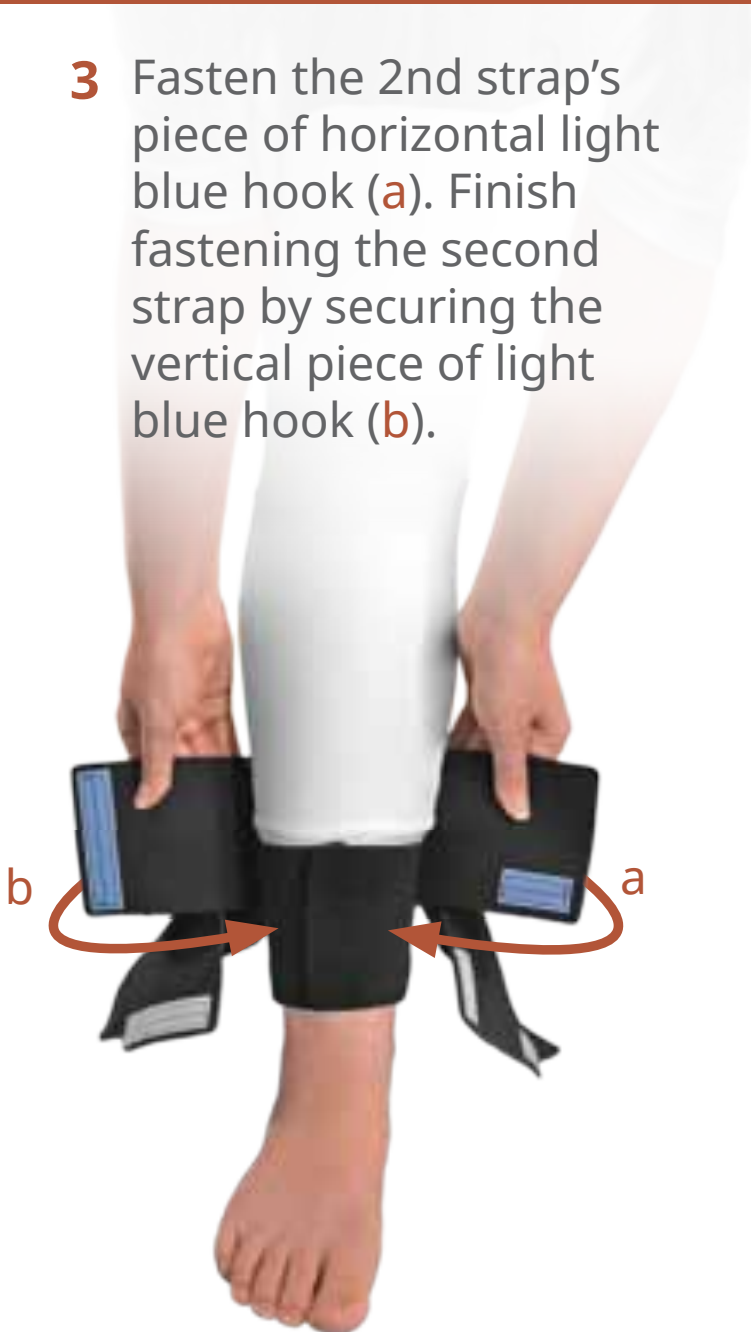
- 2 Place the ankle strap without hook over your ankle. Then fasten the ankle strap with white hook over the top.



Always wear a *clean* liner underneath your ReadyWrap.

**3** Fasten the 2nd strap's piece of horizontal light blue hook (a). Finish fastening the second strap by securing the vertical piece of light blue hook (b).

**4** Continue fastening the straps in order. Begin each strap by fastening the horizontal piece of hook followed by the vertical piece of hook.



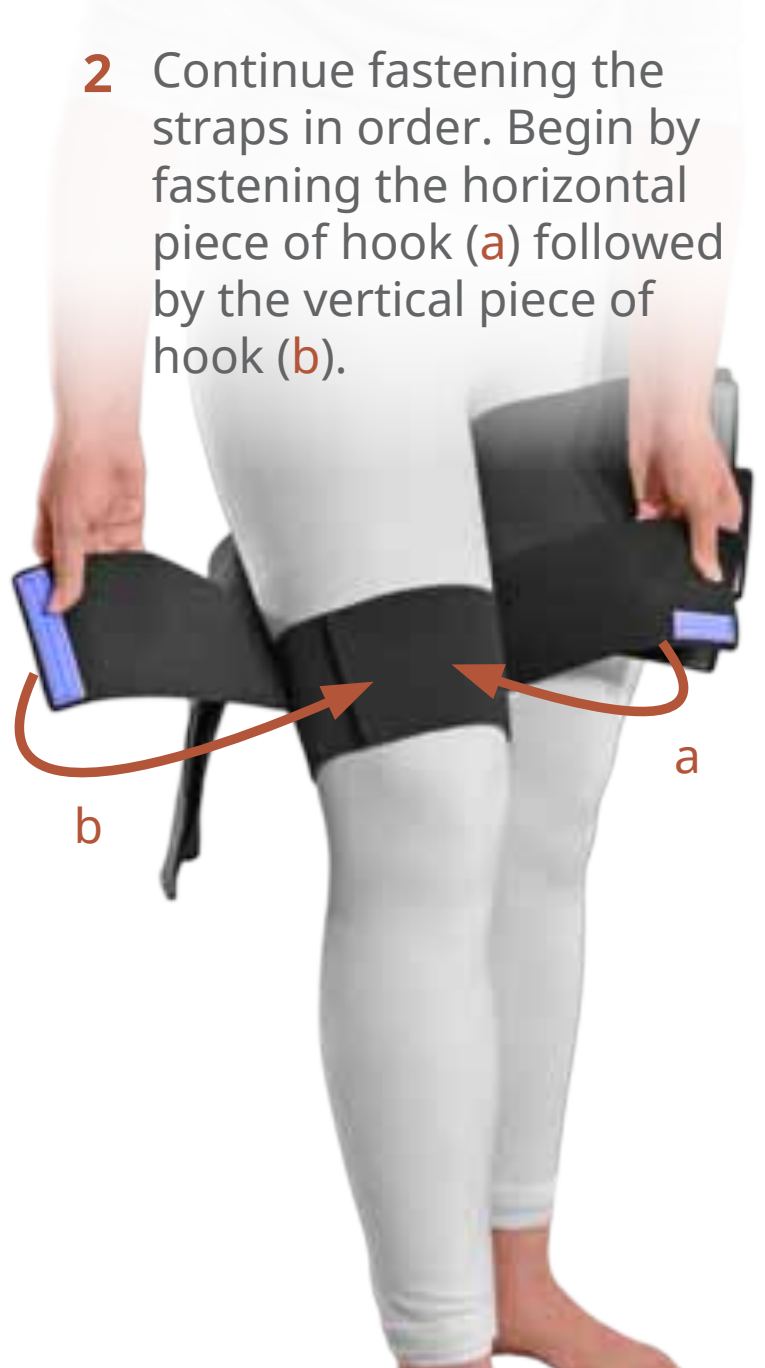
Instructions shown without liner for better visualization.

## Applying Your ReadyWrap Thigh

- 1 Fasten the shortest strap with white hook one inch (1") above the top of your knee cap.



- 2 Continue fastening the straps in order. Begin by fastening the horizontal piece of hook (a) followed by the vertical piece of hook (b).



Always wear a *clean* liner underneath your ReadyWrap.

For "Straight-Shaped" Thighs  
Fasten the top straps  
straight across.

For "V-Shaped" Thighs  
Fasten the top straps  
in a "V" or "cross" design.



\* Only Tall Thigh units have 6 straps

It may take a few tries to find the best  
strap placement to fit your needs.

Instructions shown without liner for better visualization.

## Applying Your ReadyWrap Knee

- 1 Align your ReadyWrap against the back of your knee. The strap with white hook should be centered behind your knee cap.

- 2 Place the middle strap without hook directly over your knee (a). Fasten the strap with white hook over the top (b).

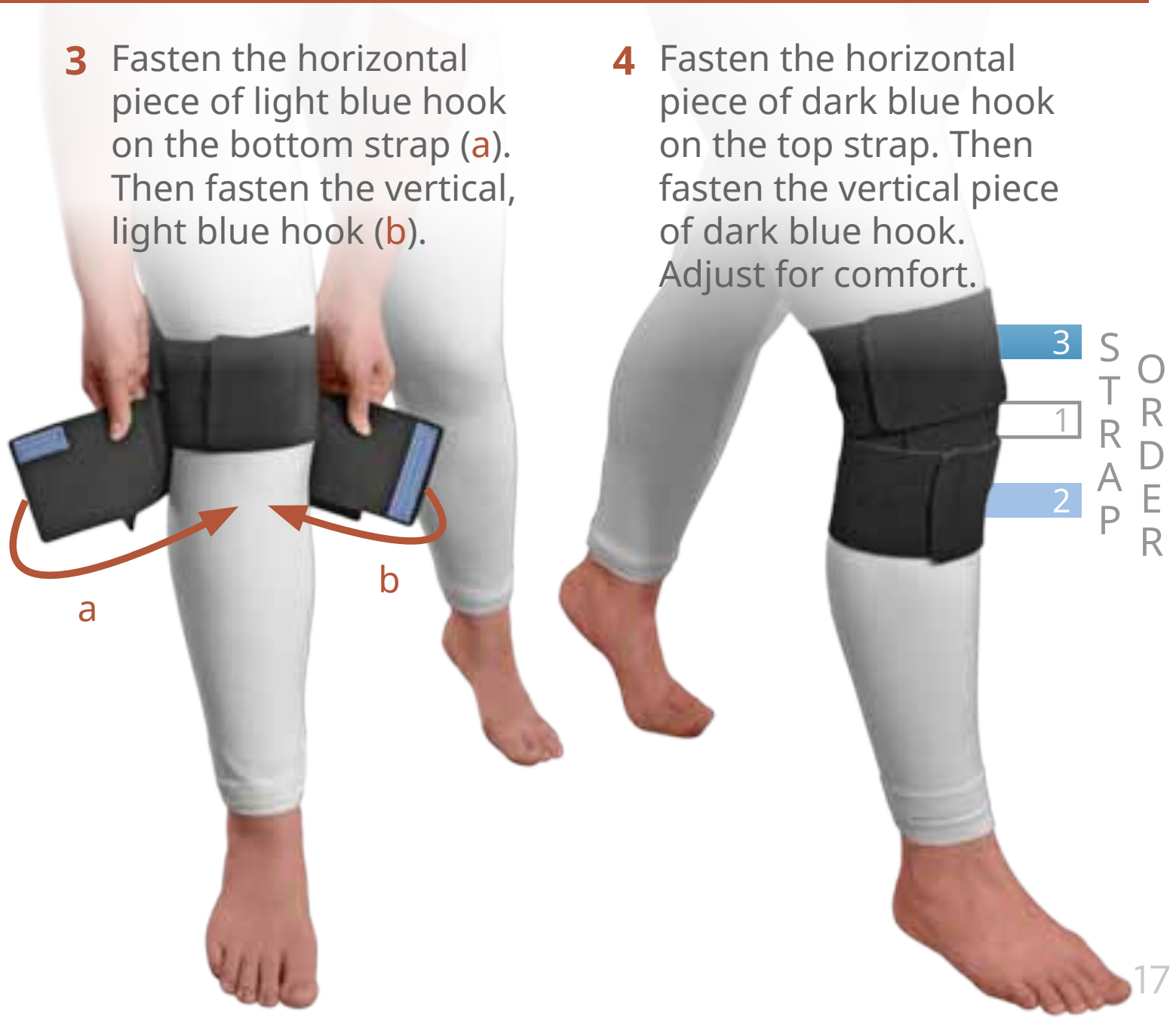




Always wear a *clean* liner underneath your ReadyWrap.

**3** Fasten the horizontal piece of light blue hook on the bottom strap (a). Then fasten the vertical, light blue hook (b).

**4** Fasten the horizontal piece of dark blue hook on the top strap. Then fasten the vertical piece of dark blue hook. Adjust for comfort.



## Using Your Extender Strap on Calf, Knee or Thigh Units

**1** Open the clamp end of your Extender Strap.

**2** Open your ReadyWrap and align the long, vertical piece of hook with the clamp end of your Extender Strap.



- 3** Insert your ReadyWrap strap completely into the clamp end of your Extender Strap. Make sure the hook pieces align with fabric.



- 4** Securely fasten the clamp end of your Extender Strap to your ReadyWrap unit. Apply your ReadyWrap unit according to standard usage instructions.



Your ReadyWrap Arm should be washed

## Applying Your ReadyWrap Arm

**1** Slide your arm through the inner liner of your ReadyWrap.

**2** Adjust your garment so the elbow pad seam is directly over the bony prominence of your elbow.

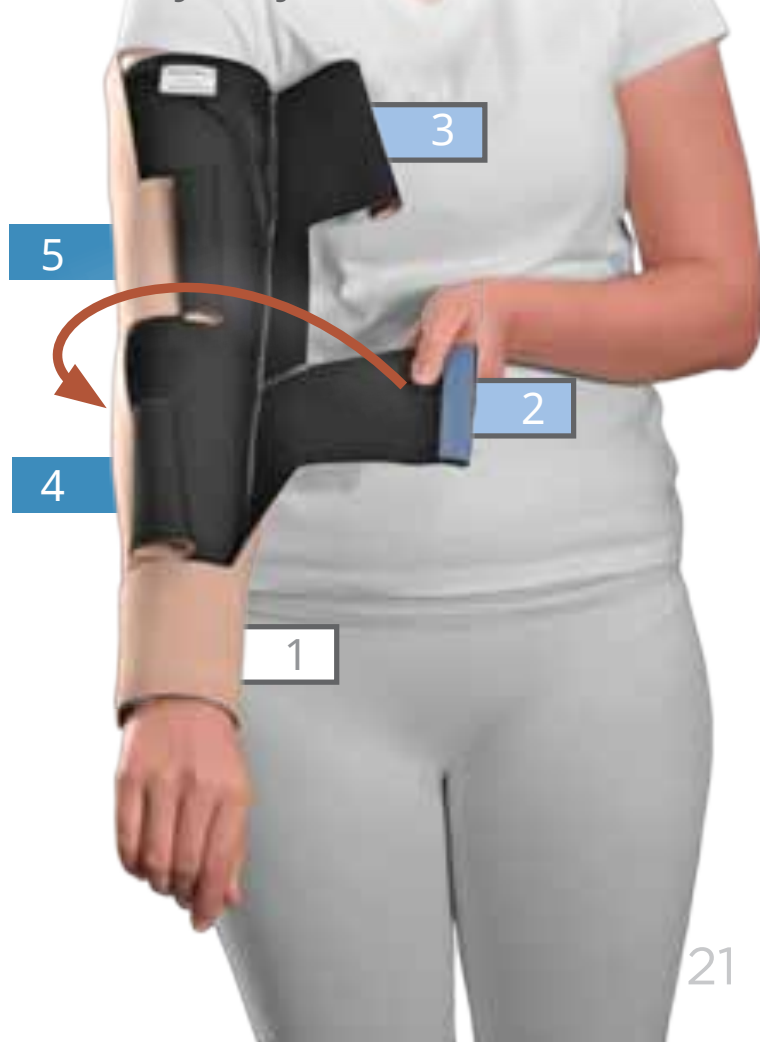


daily if worn directly against your skin.

- 3 Fasten the strap with white hook over your wrist.



- 4 Fasten the two straps with light blue hook. Next, fasten the straps with dark blue hook. Finally, adjust as needed.



Your ReadyWrap Gauntlet should be washed

## Applying Your ReadyWrap Gauntlet

- 1 Apply your ReadyWrap Arm unit (if applicable). Once on, open the wrist strap with white hook and fold it back.

- 2 Loosen the thumb strap and place your hand in the gauntlet. Keep your thumb in a relaxed position. Fasten the small white tab to the palm area of your gauntlet.



daily if worn directly against your skin.

- 3** Fasten your gauntlet's wrist strap with light blue hook so it overlaps the arm liner. Next, fasten the palm strap with dark blue hook (shown right).



- 4** Adjust the hook over your thumb for a proper fit. Next, adjust the wrist and palm straps for comfort. Finally, refasten the wrist strap of your arm unit.





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