



Extend Your Reach Exerciser

Item Sku # 5293

Item Description: Extend-Your-Reach Exerciser includes wooden yardstick, 24 clothespins and a storage box. Clothespin resistance can be graded by adding or removing rubber bands (not included). Wooden storage box measures 9-1/2" square x 5" deep. Ideal for clinic or home use. Latex free.

Indications:

Easy-to-use exerciser develops upper extremity coordination, range of motion (ROM) and pinch strength. Helps enhance ability to reach in different planes, such as crossing midline, etc. Also, the desired arrangement of the board depends on the activity as well.

Care and Cleaning:

Extend Your Reach Exerciser can be wiped clean with a mild detergent – no bleach, no heavy duty cleaning products - to clean. Do not submerge in water. Dry with soft cloth.

Procedures:

To use, the patient places the desired clothespin onto the wooden yardstick. Depending on the need, the patient focus can be on height or color of the clothespin.



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