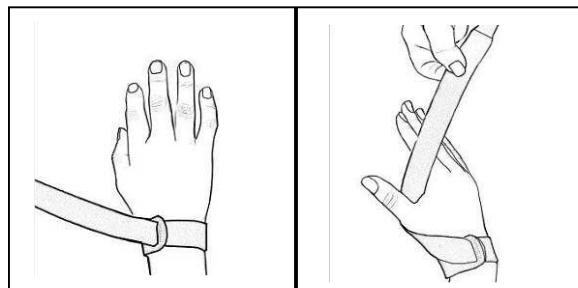
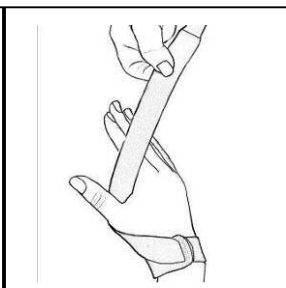


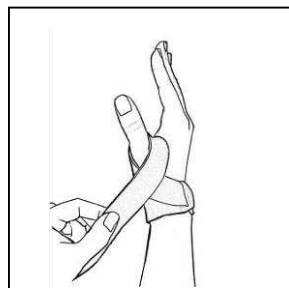
CMC Support



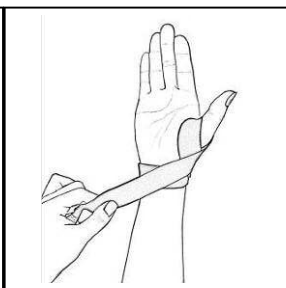
1. Insert the wrist through the loop fuzzy side out and the slit located in line with the index finger as shown.



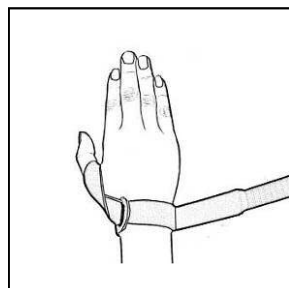
2. Wrap the strap under the thumb and through the web space between the thumb and index finger. Lift the thumb up slightly.



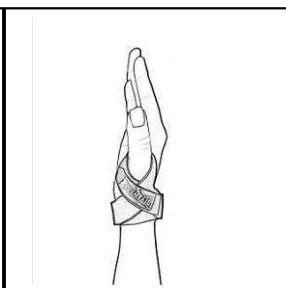
3. Cross the strap over the joint at the bottom of the thumb, near the wrist.



4. Bring the strap across the bottom of the wrist.



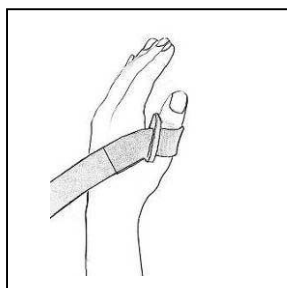
5. Continue wrapping the strap around the top of the wrist.



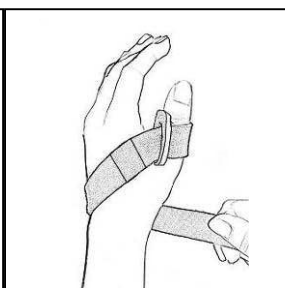
6. Fasten the hook material so that it overlaps the fuzzy material at the base of the thumb. This will restrict the neoprene from stretching and provide

Thumb UCL

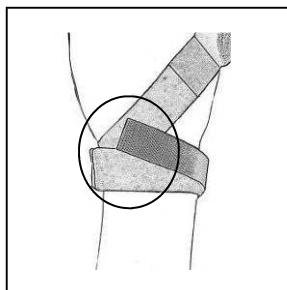
Thumb Ulnar Collateral Ligament Protection



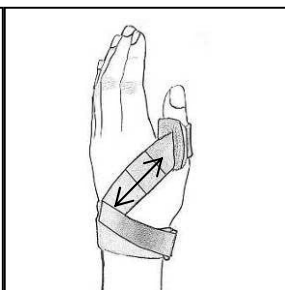
1. Slip thumb through the loop and snug the loop up below the joint. Keep slit close to the fingers.



2. Draw loop up, fuzzy side out, to the back of hand.



4. Wrap the strap around the wrist and the back of the hand and fasten hook material on both strap sections as shown.



5. Finished Application. You can add additional hook material to strap (as indicated by arrows) to limit thumb motion.

Patent No. D556330

HELLY & WEBER

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1185 East Main St., Santa Paula, California 93060
California: 800-221-5465, National: 800-654-3241
International: 805-525-4244, fax: 805-933-2348
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CE

EC REP

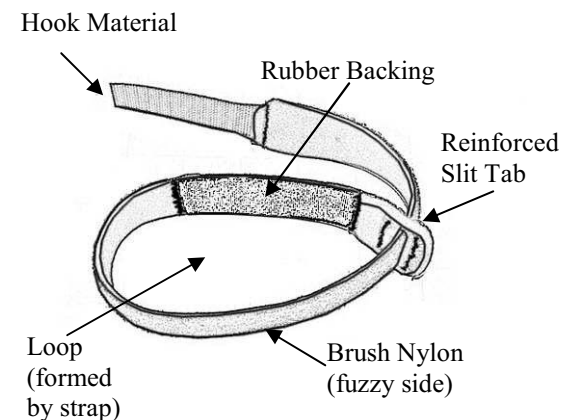
MDSS GmbH
Schiffgraben 41

30175 Hannover, Germany
Rev A 11/08

FRAP STRAP™

Warnings and Instructions: Review carefully, proper application is required

This device should not be worn by persons with known allergies to neoprene.



General Instructions for Therapists and Doctors:

1. Insert hook and loop end through the slit, with the brush nylon material face out.
2. Trim the strap as desired to make narrower, shorter, or to avoid cutting into skin (e.g. web spaces) or bone.
3. It is necessary for the practitioner to instruct the patient about which type of configuration would be best for their condition. Photocopy the pertinent page for the patient.
4. The Frap Strap should fit comfortably but not snug.
5. Reinforce any area with a strip of hook material for extra support.

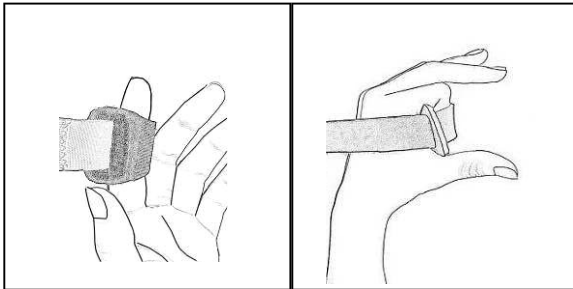
⚠️ Precaution:

Do not pull tightly around fingers or wrist and loosen the strap if any numbness, tingling, or throbbing occurs. This device is not intended to prevent or eliminate the risk of reinjury. This device is designed for single patient usage.

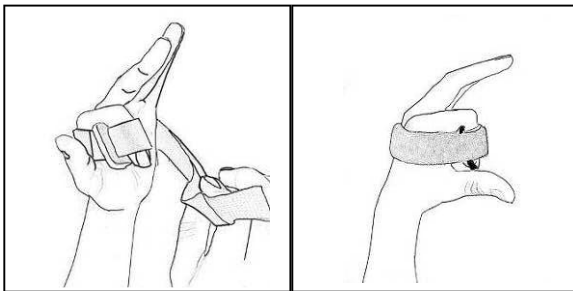
Care: Hand wash using mild soap. Rinse thoroughly. Air dry only. Do not tumble dry.

PIP Flexion

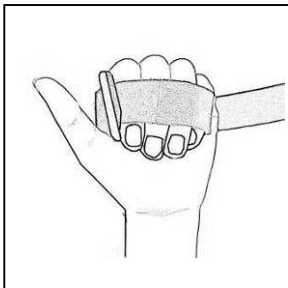
For one or more fingers



1. Slide finger(s) through the loop.
2. Face the end of the tab towards the thumb.
3. Secure rubberized portion around the middle bone.
4. Bend the finger(s).



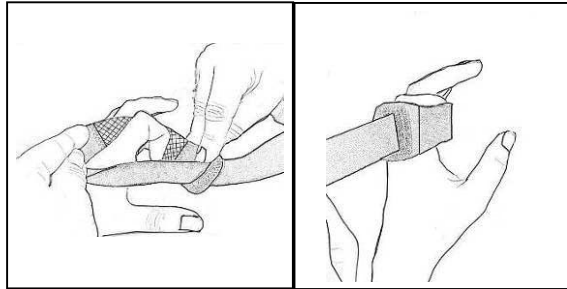
5. Wrap the strap around the back of the hand and complete the circle around the finger(s).
6. Finished Application.
7. If the strap is too long, trim the excess neoprene, retaining the hook material strip to reapply and fasten to the end of the strap.



8. For multiple fingers, place fingers through the loop, brush nylon side out. Rubberized material will be under the fingers. Wrap the strap around the back of the hand and fasten.

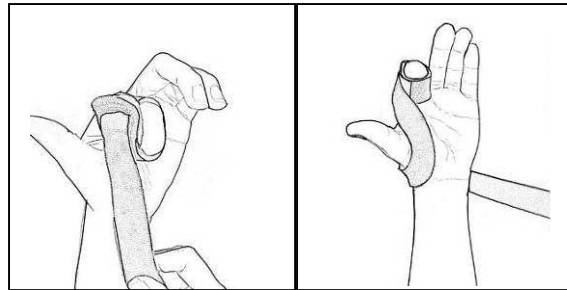
Composite Flexion

For one or more fingers

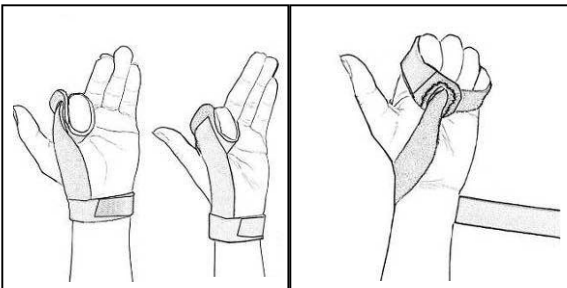


1. Slide the finger through the loop. Start with the tab facing toward the thumb.
3. Snug up the strap to help both joints bend.

2. Place the rubber part of the strap over the top of the bone closest to the palm, then the tip of the finger.



4. Pull down on the strap, directing the line of pull towards the base of the thumb.
5. Wrap strap around the back of the wrist and fasten.

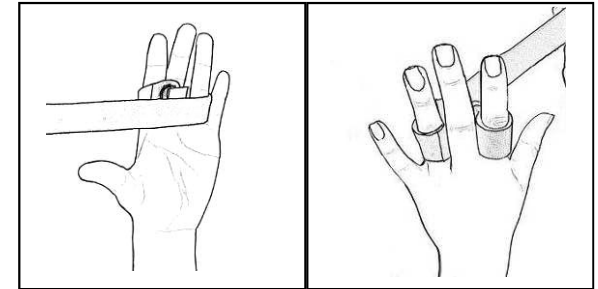


6. Finished Application.
7. Application for multiple fingers.

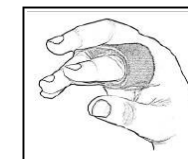
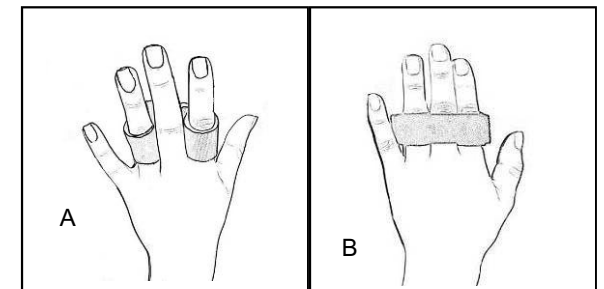
Buddy Strapping

Extensor Tendon Repair

For Immediate Controlled Active Motion (ICAM) of Zone 4-7
(J Hand Ther. 2006 Apr-Jun;18(2):182-90)



1. Place loop around the finger next to the injured one.
2. Run the fuzzy side under the injured finger.
3. Pull strap up between the injured finger and the next finger.
4. Wrap strap, fuzzy side out, around the finger on the other side of the injured one.
5. Follow the same wrapping a second time around to get more extension of injured finger (A) or complete the circle (B).



6. Finished application. If the strap is long, cut the excess neoprene, retaining the hook material strip to reapply and fasten to the end of the strap.

Note for the therapist: If more stability is needed, use a small piece of thermoplastic and adhere it to the neoprene under the finger.