

# Squeeze Machine

Originally designed by Temple Grandin, PhD.  
Subject of HBO movie 'Temple Grandin',  
portrayed by Claire Danes



The machine is designed to apply deep pressure laterally at the control of the user. The deep touch stimulation is applied evenly. Studies have shown that deep pressure resembling a human hug may provide a calming effect on some individuals with Autism and Hyperactivity.

“Lakeside School District uses the Squeeze Machine as an intervention tool and it has helped their clients/students to better feel touch sensation. Lakeside School District recommends the Squeeze Machine.” -- Jennifer Moore, Occupational Therapist

## What are some observations to determine if the Squeeze Machine is an appropriate form of therapy?

- Individuals crave deep pressure (hugs, under cushions, under mattress)
- Individuals that have an approach-avoid reaction to deep pressure and show signs of being tactically defensive.

## What is the size?

32” wide by 60” long and 60” tall

## About the Machine:

Fully assembled. Includes air compressor to safely power the pneumatic controls. Truck freight only.



## Who can use the Squeeze Machine?

- Therapy Clinics, Schools, and Individuals
- The Squeeze Machine adjusts to various widths and is also angle adjustable to accommodate the hips and shoulders.
- Children and Adults
- Children 5 yrs and older
- Adults 250 pounds and under



User controls compression

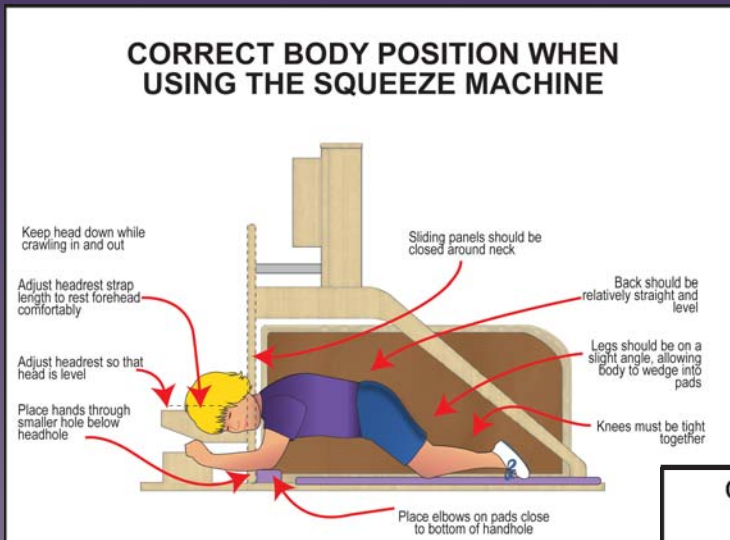


Pads in compressed position

## Some effects you may see on Autistic individuals:

- Calming effect on Nervous System
- Reduction in tactile defensiveness
- Greater focus when used prior to auditory & visual training

# Squeeze Machine

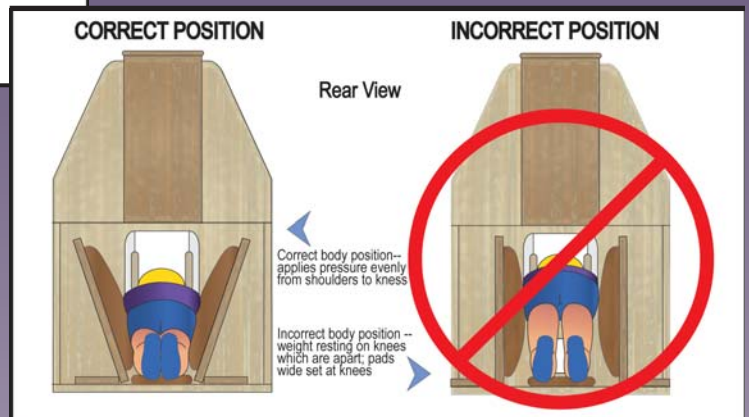


## Safety:

- The pressure regulator is locked and has recommended settings that help limit the amount of squeeze.
- The squeezing action is fully powered by air with no electricity.
- Located on the control panel is a safety stop button, which will cease all pressure and pads will open up.
- The compressor has a preset pop off safety valve to avoid any unsafe use.

## Easy to Maintain:

- Compressor
  - All Squeeze machines come with a compressor that is oil free and has pneumatic controls, which require little to no maintenance. Periodically the condensation will need to be drained.
- Pads
  - The pads are made of naugahyde vinyl that is wipe-able and easy to clean.
- Head Strap
  - The head strap can be removed for hand washing and air drying.



Squeeze Machine  
0815-76-461 (pg. 958)



## Sensory Pressure Vest

5651-28 Small  
5651-29 Medium

5651-30 Large  
0815-05-585 X-Large

## Sensory Cuff

5651-31 Small  
5651-32 Medium

5651-33 Large