

**Rije® Cup Instruction for Use**  
Model RJ2  
Video Instructions at [www.rije.ca](http://www.rije.ca)

**Indications**

For people suffering with difficulty in swallowing (dysphagia), developmental disabilities, motor impairment, or requiring predetermined doses of liquid.

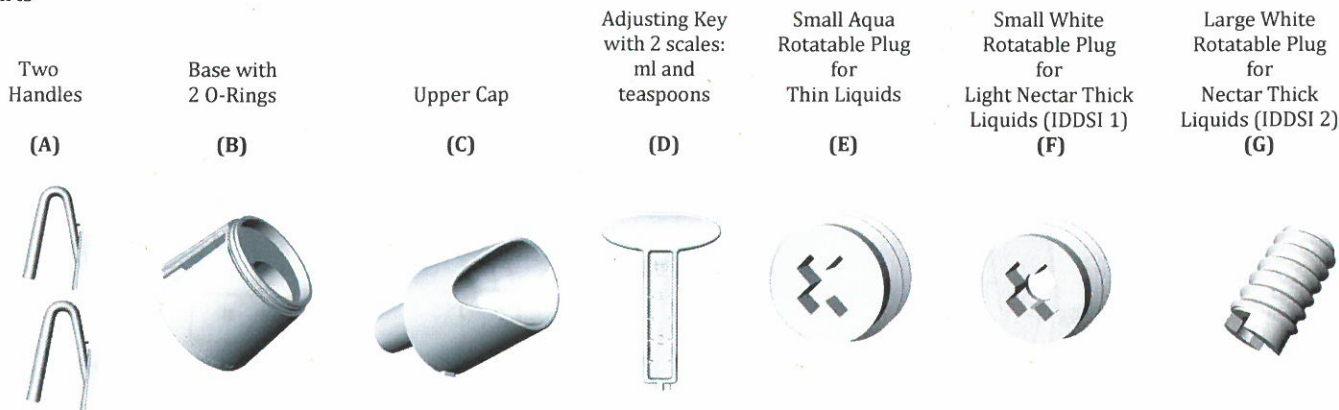
**Precautions and Warnings**

- Please seek the advice of a medical professional prior to using this cup.
- Instructions must be read prior to use. **Please watch video instructions at [www.rije.ca](http://www.rije.ca).**
- Wash the cup prior to use.
- Rije® Cup is designed to use with thin and nectar thickened liquids (IDDSI Standards 0, 1, 2). Carbonated beverages will render Rije® Cup ineffective for delivering an accurate dosage.
- Do not use Rije® Cup for boiling liquids in a microwave.
- Hold Rije® Cup upside down when opening to prevent spillage.

**Features**

- Dispenses controlled boluses of thin or nectar thickened liquids;
- Allows adjusting bolus volume. Please find the adjustable ranges in the table below;
- Holds up to 250 ml of liquid;
- Adjusting Key has two scales: ml and tea spoons;
- Allows drinking controlled liquid boluses from the cup's rim or through a regular straw;
- Good nose clearance;
- Built up handles provide secure grip;
- Spill-control does not allow spilling more than one bolus of liquid if the cup is dropped;
- Stable base;
- Dishwasher safe;
- BPA Free.

**Parts**



**Choosing correct Rotatable Plug (either E, or F, or G) for Thin or Nectar Thickened Liquids (IDDSI Standards 0, 1, 2).**

**Note:**

- **ONLY ONE** of the Plugs should be inserted into the Upper Cap C at a time. The Plug should be chosen according to the viscosity (thickness) of a liquid being used at the moment.
- **The viscosity (thickness) of a nectar-like liquid is highly dependent on temperature of the liquid, the type of thickening product (if any) is being used, and the time it was allowed to thicken.**

Liquid's Viscosity	Rotatable Plug to Use	Dispensed Volume and Adjustable Range	Notes
Thin Liquids Cold or Hot. IDDSI Level 0 – Thin Liquids  Examples: water, coffee, tea, milk, orange juice, Ensure®, Boost®, etc.	Small Aqua Plug E.	Adjustable from 3ml to 15ml * Use Adjustable Key D to set up volume	* Thin Liquids always should be used with Plug E.
Low viscosity Nectar Thick Liquids (Light Nectar Thick Liquids) IDDSI Level 1 – Slightly Thick Liquids	Small White Plug F.	Adjustable from 5ml to 12 ml * Use Adjustable Key D to set up volume * Accuracy of adjustment depends on liquid's viscosity	* If the liquid you use at the moment takes long time to build the next dose, use plug G, or use Rije Cup without any plug. * If the liquid you use at the moment dispenses inconsistent doses, try plug E.
High viscosity Nectar Thick Liquids IDDSI Level 2 – Mildly Thick Liquids	Large White Plug G.	Approximately 1 teaspoon * Use Adjustable Key D to screw in Plug G into Upper Cap C	* If the liquid you use at the moment produces inconsistent doses, try plug F or E.
	Use the cup Without any Plug	Approximately 1 tablespoon	