

ADVANCED ATHLETE

RECOVERY



NORMATEC PULSE PRO 2.0

The Ultimate Rehab and Recovery Experience. The NormaTec PULSE PRO 2.0 is today's most advanced athlete recovery system. It brings you cutting-edge connectivity and powerful results in a compact, modern design that travels well and is built to last. The PULSE PRO 2.0 is used for both rehab and recovery and features a sophisticated touchscreen display, and highly customizable programming options.

NormaTec gives you fresh legs faster, helps you warm up pre-workout, and optimizes your recovery post-training and competition.

The NormaTec Pulse massage is patented and proven technology that:

- increases circulation
- reduces pain and soreness
- rejuvenates muscles
- accelerates athlete recovery

The NormaTec Mobile App allows you to:



- customize time and pressure settings
- activate Zone Boost
- save and restore favorite settings
- track and share your recovery stats
- upload recovery data to your other training and tracking apps



ATTACHMENTS

LEGS



ARMS



HIPS



ALL SYSTEMS FEATURE



Fully connected mobile app



Patented NormaTec Pulse Technology massage pattern



Zone Boost for targeted attention where you need it most



Internal battery and world voltage compatible power adapter (100-240V)



Two year warranty, and legendary Normatec durability and premium materials



Boots with zippers and attachments with integrated tubing



Dual hose with quick connectors



Precise, digital control and accuracy



Overlapping zones for maximum recovery



Recovery Flush with 30-110 mmHg range



Calibration phase for a perfect fit every session



Lightweight and small
(≈3.5 lbs, 4"x4.5"x8")

TRUSTED BY PROS. BACKED BY RESEARCH.

CUTTING EDGE NORMATEC RESEARCH

LESSEN PAIN SENSITIVITY

Peristaltic pulse dynamic compression is a promising means of accelerating and enhancing recovery by reducing muscle tenderness from pressure stimuli.

Journal of Strength and Conditioning 2015

INCREASE RANGE OF MOTION

Peristaltic pulse dynamic compression rapidly enhances acute range-of-motion with less discomfort and time.

Journal of Strength and Conditioning 2014

PULSE COMPRESSION AS A TREATMENT FOR DOMS

A 30-minute treatment of Pulse compression increases blood flow in the lower extremity, possibly making Pulse compression a viable option in the management of exercise-induced muscle damage (DOMS).

Journal of Athletic Training 2016

DECREASE MUSCLE FATIGUE AFTER ACUTE EXERCISE

External pneumatic compression increases flexibility and reduces select skeletal muscle oxidative stress and proteolysis markers during recovery from heavy resistance exercise.

PLOS One Medical Journal 201

CLEAR METABOLITES PASSIVELY

Intermittent pneumatic compression significantly lowers blood lactate concentrations when compared to a passive recovery group.

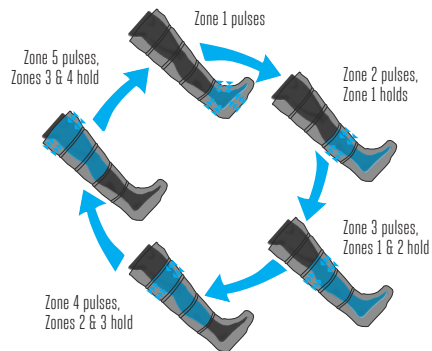
Journal of Athletic Enhancement 2013

THE TECHNOLOGY.

CREATED BY A PHYSICIAN BIOENGINEER (MD, PHD) TO ENHANCE BLOOD FLOW AND SPEED RECOVERY.

Patented NormaTec Pulse compression:

- // Pulsing - dynamic compression mobilizes fluid
- // Gradient Hold - prevents fluid backflow
- // Distal Release - allows normal circulation



NORMATEC®

QUESTIONS? NormaTecRecovery.com • 866.658.5896 • support@normatecrecovery.com



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