Spenco®

TOTALSUPPORT™

THE SHAPE THAT FEELS GREAT™

Max

Rigid Arch Support for Maximum Stability

Target Consumer:

Athletes looking for rigid support who participate in a variety of physical activities.
Consumers seeking rigid support and motion control.

Recommended For:

Increased shock absorption.
Advanced support for the arch and heel.
Improved motion control to reduce over-pronation and supination – the leading cause of many common injuries such as plantar fasciitis.

Components*:

EVA, Neoprene, Nylon 66,
Fabric w/ *Silpure* Antimicrobial,
Thickness at Heel: 8.50mm (3/8in),
Thickness at Forefoot: 6.50mm (1/4in)

Instructions:

Remove the original insole from the shoe (some brands of shoes glue the insole to the shoe, but careful removal will not damage the shoe). If needed, use the original insole as a guide to trace and trim the Spenco® **TOTAL**SUPPORT™ Replacement Insoles. Insert the Spenco® Insoles into the shoe.

Care:

Hand wash in warm water. Air dry.

Sizing Chart:

Size	0	1	2	3	4	5	6	7
U.S. Women's	3/4	5/6	7/8	9/10	11/12			
U.S. Men's			6/7	8/9	10/11	12/13	14/15	16/17
U.K.	2/3	4/5	5/6	7/8	9/10	11/12	13/14	15/16
European	32/34	36/38	38/40	40/42	42/44	44/46	46/48	48/50

Features & Benefits:

1. **3-POD™ System** promotes healthy biomechanics, absorbs shock and provides cushioning through multi-density impact zones.
   - **a. Stiffer Red POD** counters over-pronation.
   - **b. Softer Blue PODS** help guide the stride.
2. **Rigid Stability Cradle** provides advanced arch support, deep heel cupping and comfort through the stride.
3. **Custom EVA Layer** conforms with normal wear to match the contours of the foot.
4. **Low-Friction Antimicrobial Top Cloth** helps prevent blisters and control odor.
5. **Metatarsal Arch Support** offloads pressure from the ball-of-foot to help relieve forefoot pain.
6. **SpenCore® Forefoot Crash Pad** provides superior cushioning and energy return to the ball-of-foot.
7. **First Ray Drop Zone** allows for more efficient, natural toe-off promoting a healthy stride.
8. **Forefoot Perforations** increase flexibility and air flow for lasting comfort.

One-Year Unconditional Guarantee

Item #	Size	Shoe Size Women's	Men's
0816-01-558	1	5-6	–
0816-01-566	2	7-8	6-7
0816-01-582	3	9-10	8-9
0816-01-608	4	11-12	10-11
0816-01-624	5	–	12-13
0816-01-632	6	–	14-15
0816-01-640	7	–	16-17

US Patent Nos. 7,665,169; 7,908,768
and D627, 958 and various foreign patents

*Measurements are approximate and vary by size.
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Call toll free:
1-800-323-5547
In Canada call 1-800-665-9200

Fax toll free:
1-800-547-4333
In Canada Fax 1-877-566-8611