

QUICK CHECK

WAFFLE® FootHold™

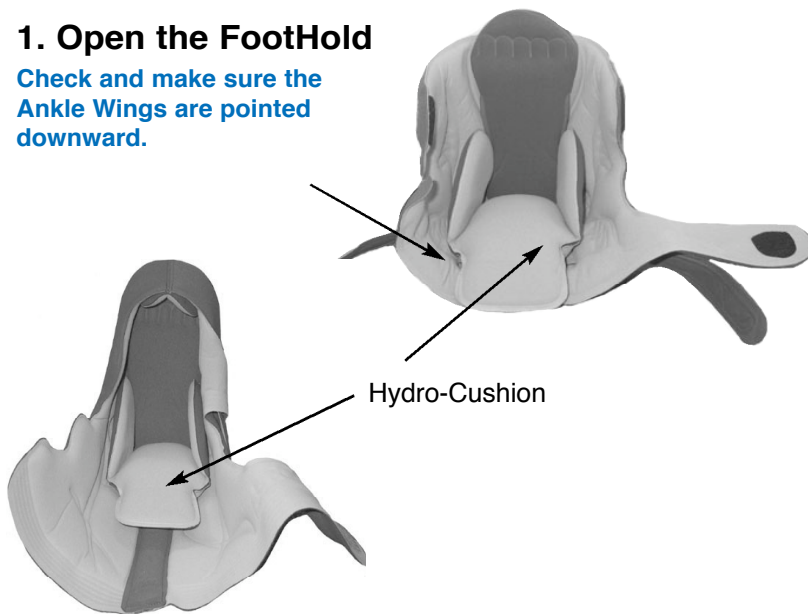


WAFFLE® FootHold™ Plus



1. Open the FootHold

Check and make sure the Ankle Wings are pointed downward.



2. Adjusting the Hydro-Cushion®

To change the Hydro-Cushion's position, pull it away from the FootHold and secure back in the desired position with the VELCRO backing.



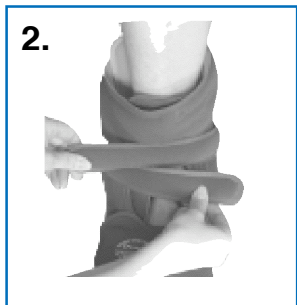
Placing Foot in FootHold and FootHold Plus

1.



Gently flex the knee and place the leg and foot in the FootHold.

2.



Bring the foot and leg straps around for a comfortable secure fit.

Cross the lower leg straps and secure.

For FootHold

3.



Toes should be at least 1/2 inch from the end of the insole.



For FootHold Plus



Extra cushioning protects toe from bed sheeting and patient-induced injuries.

WAFFLE® FootHold™ & FootHold™ Plus

Size Chart	Small	Medium	Large	Extra Large	Extended Plus
Men's Shoe Size	5-6	7-8	9-10	11-12	13-14
Women's Shoe Size	6-7	8-9	10-11	12-13	14-15
Max. Foot Length	9"	10"	11"	12"	13"

All FootHold product sizes are determined by the patient's shoe size.



Secure Stick® Sole (Optional)

Place the heel portion of the Secure Stick Sole to the heel of the FootHold and firmly press the sole into place within the reference line. To remove, peel the sole away beginning at the heel.

Products can be hand washed or spot cleaned and air dried.

Warranty

FootHold is backed by a 30 day warranty. Any product found to be defective in workmanship and/or materials will be replaced, provided failure is not due to abuse or misuse, alteration or modification and occurs within the specified warranty period.



To order, call, fax or write: EHOB, Inc.
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