

# INSTRUCTIONS

## #18 STATIC PROGRESSIVE POSITIONING TO EXTEND P.I.P. JOINT

Provides static progressive positioning to help correct elastic flexion contractures and joint tightness.

Contra indicated for Fixed Contractures, Fragile Skin, Severe Edema, and Unhealed Fractures.

\*Tightening top strap will exert a force to extend PIP Joint. Range of motion should be increased very gradually, and tolerated by the patient. Excessive force can cause joint damage, skin breakdown, and pain. Do not be overly aggressive. Depending on condition of patient, establish an appropriate schedule for wearing, skin examination and amount of force.

### APPLICATION—

With extension strap and hook positioned proximally, loosen extension strap. Hold top plate to keep it from rotating (Fig. 1). Slide finger into splint with top plate proximal to PIP Joint and finger supported by distal extension, proximal extension under MP.

### To Extend PIP Joint

Pass strap under and over distal supra structure (Fig. 2). Tighten to desired position and secure strap to hook. Use hook tab on end to secure loose end of strap. Readjust strap as needed.

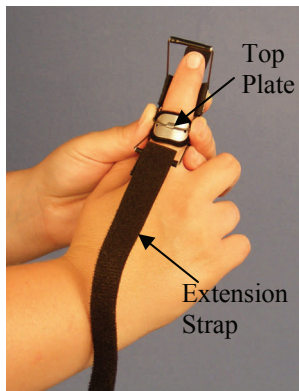


FIGURE #1

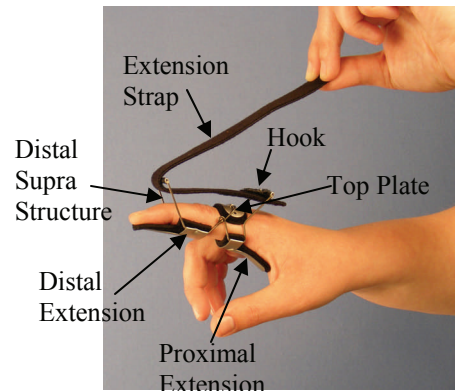


FIGURE #2

### MODIFICATIONS—

With splint removed, distal and proximal extensions can be carefully contoured by hand (Fig. 3)



FIGURE #3

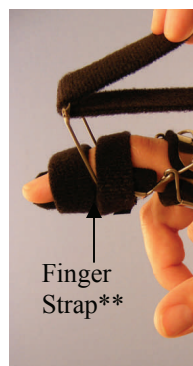
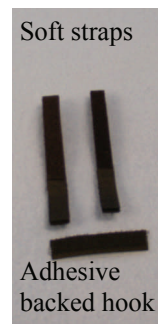


FIGURE #4

\*\* Optional straps to secure finger: Attach adhesive backed hook to under side of extension. Position straps on hook and wrap around finger (Fig. 4) Adjust and trim as needed.



### CLEANING

Clean with mild soap and damp towel. Use damp towel to remove excess soap. Air dry completely before reapplying.

Immediately contact your health care professional if you are experiencing loss of sensation, swelling, skin irritation, or have any questions or concerns.

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