

<b>Size</b>	<b>Women's Shoe Size</b>	<b>Men's Shoe Size</b>
X-Small	3 - 6.5	3 - 4.5
Small	7 - 9.5	5 - 6.5
Medium	10 - 12.5	7 - 8.5
Large	13+	9 - 11
X-Large	n/a	11.5 - 14