

## Bariatric Gait belt

Reorder #	Description	Unit
<input type="checkbox"/> 252072	Pastel Stripe	Each
<input type="checkbox"/> 252073	Stars & Stripes	Each
<input type="checkbox"/> 252074	White	Each

### Purpose

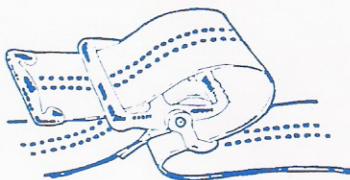
These extra-long gait belts are intended for use in lifting, ambulating, or transferring patients or residents. These belts are not to be used as physical restraints in wheelchairs, chairs of any kind, beds, or motor vehicles.

### Caution

Lifting, ambulating, or transferring patients or residents can expose a caregiver to back injury, especially when performing these procedures with heavy individuals. To reduce exposure to back injury, be certain to follow your facility's established procedures for lifting, ambulating, and transferring patients or residents. Always be certain that you have the physical capability of performing these procedures. If necessary, two caregivers may be required to lift, ambulate, or transfer a patient or resident.

### Using the Gait Belt

1. Place the belt around the patient's/resident's waist only. Do not place it around it around the chest.
2. Secure the belt by threading metal-tipped end through buckle hinge, over teeth, and through slot at back of buckle. (See illustration)
3. Make certain that the belt fits snugly. Leave enough room so that you can get both hands around webbing.
4. For ambulating, grasp belt at patient's/resident's back and side. A righthanded caregiver should place his/her right hand at the patient's/resident's back and left hand at the patient's/resident's left side. A left-handed caregiver should do the opposite.
5. To achieve your most secure grip, slide your hands upward under the belt with palms facing away from the patient/resident.



### Laundering

Skil-Care's Bariatric Gait Belts may be laundered and dried at temperatures up to 180°F (82°C). Do not use bleach. Do not place belt in a water extractor, as it will crush the buckle.