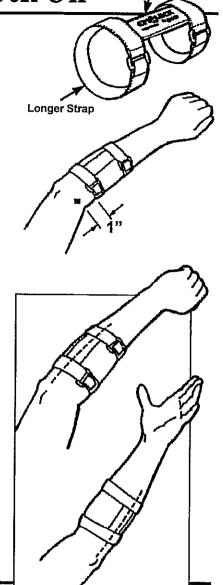
Putting Your Epilock On

- 1. Slip Epilock onto your forearm until the first and longer strap is about 1" from the crease of your elbow.
- 2. Align the space with the boney protuberance (condyle) on the inside or outside of your elbow. If your pain is mainly at the outside protuberance, align the space with it. If your pain is mainly at the protuberance on the inside, align the space with it.
- 3. Tighten the straps until they are comfortably snug. You are ready to go.

Note: Your Epilock need not be too tight in order to work. With it comfortably snug, make a fist. Feel Epilock tighten, increasing support. This is how it will work as you use your arm. Epilock supports on demand. You will quickly learn how to adjust Epilock for the right combination of comfort and support.

Laundering: Epilock can be hand washed in soapy water. Air dry.



Spacer



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