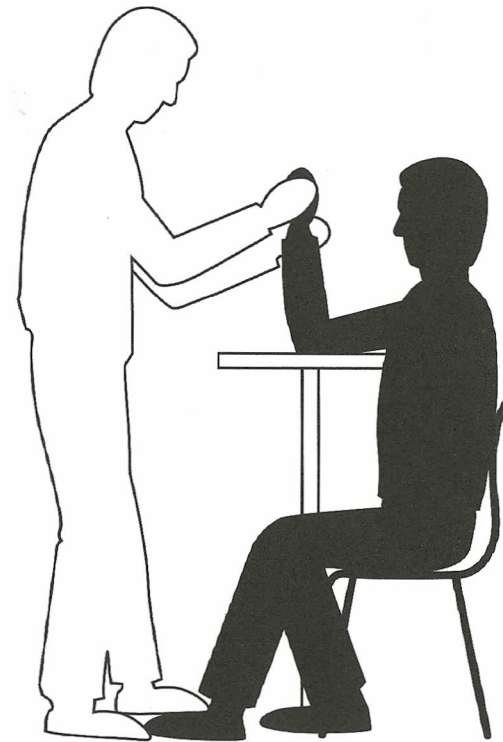
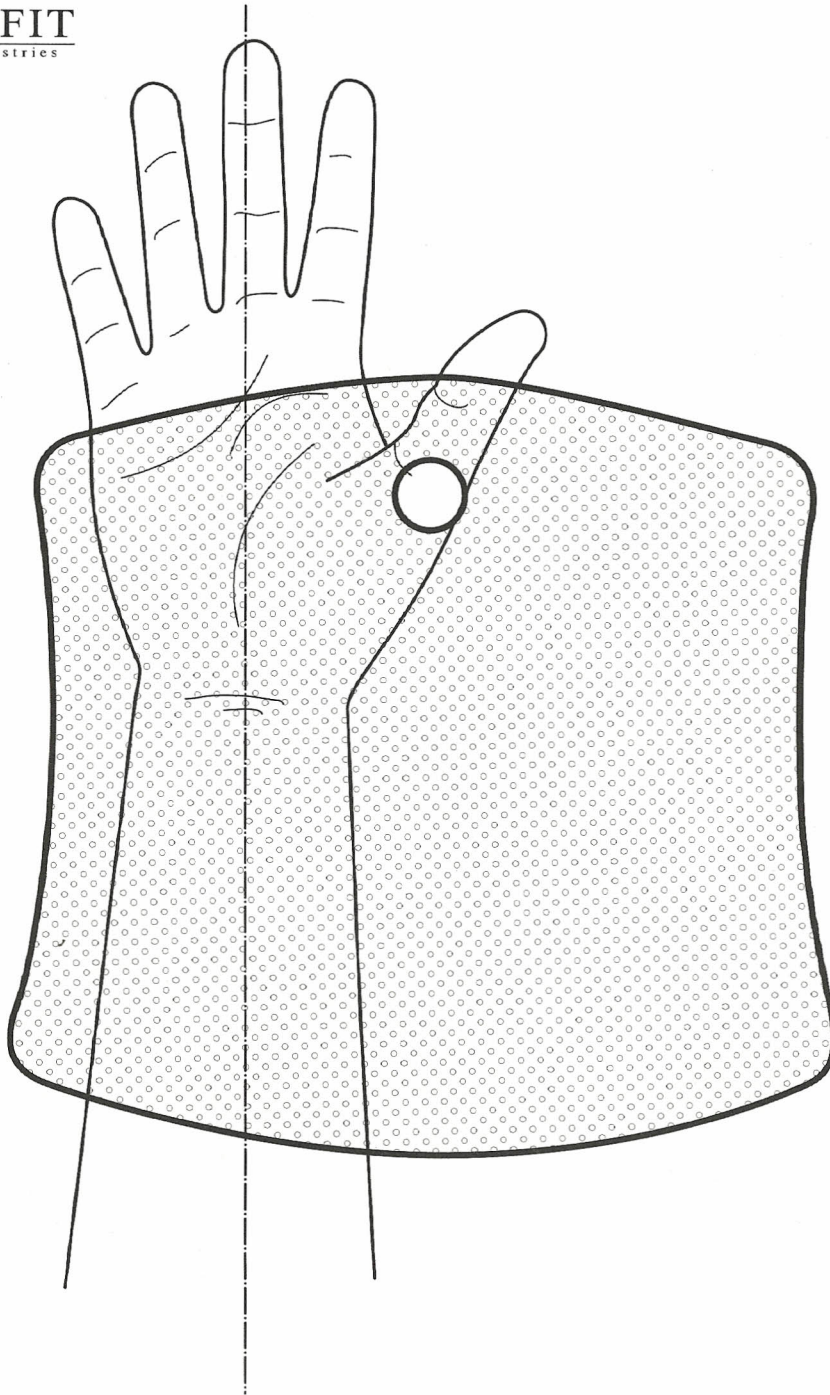


## 4. WRIST IMMOBILIZATION SPLINT

Objective: Immobilization of the wrist

Indications:

- Acute inflammation of the wrist joint
- Wrist sprains
- Tendinitis
- Carpal tunnel syndrome



Starting position

The following materials are highly recommended for this splint:

1. Orfit® Classic
2. Orfit® NS
3. Orfit Natural™ NS
4. Orfilight®
5. Orfit® Colors NS
6. Tecnofit®
7. Orfit® Ortho
8. Orfilined™

**Thicknesses:**

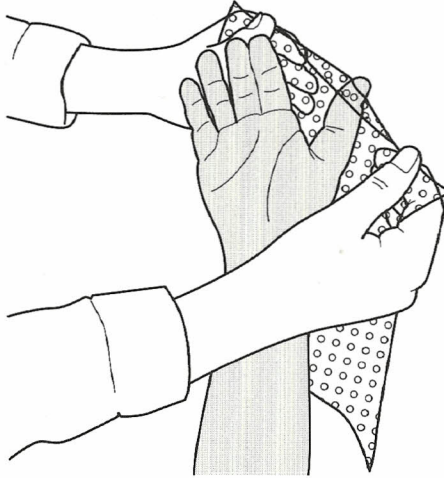
1.6 mm (1/16") • 2.0 mm (1/12") •  
2.4 mm or 2.7 mm (3/32")

**Perforation Styles:**

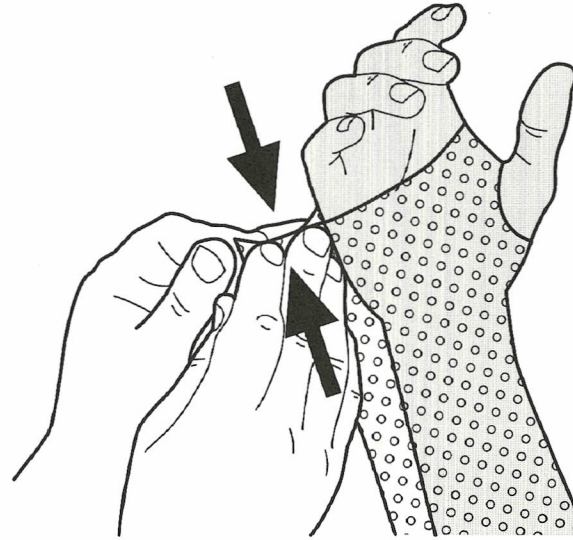
micro-perforated or  
micro plus-perforated

## 4.1 With self-adhesive materials

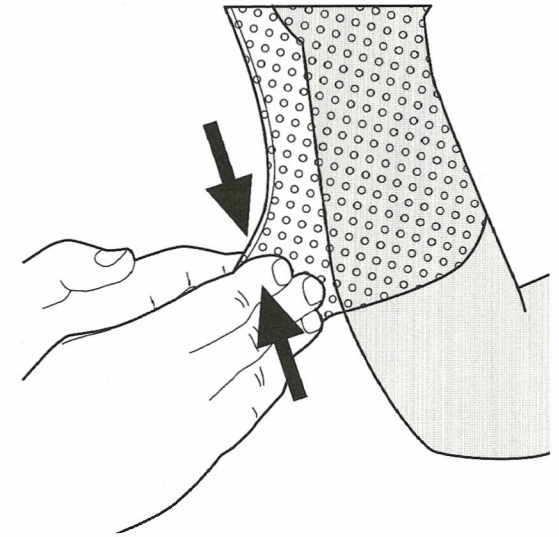
Orfit® Classic, Orfilight®



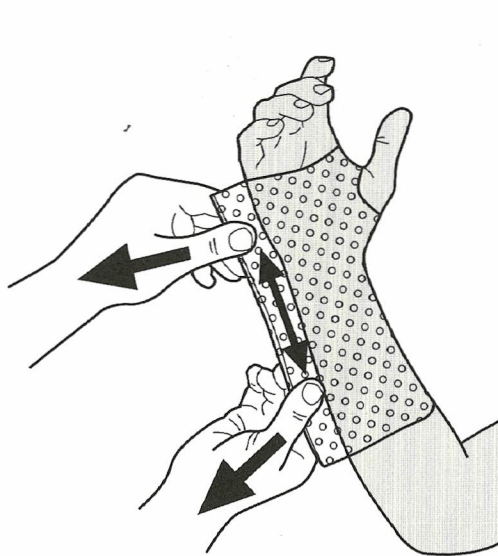
A. Hold the pre-heated pattern by the uppermost corners. Pull the pattern over the thumb all the way down.



B. Without releasing them, bring the corners together (at the level of MCP joint V) and stick them together by applying firm pressure.



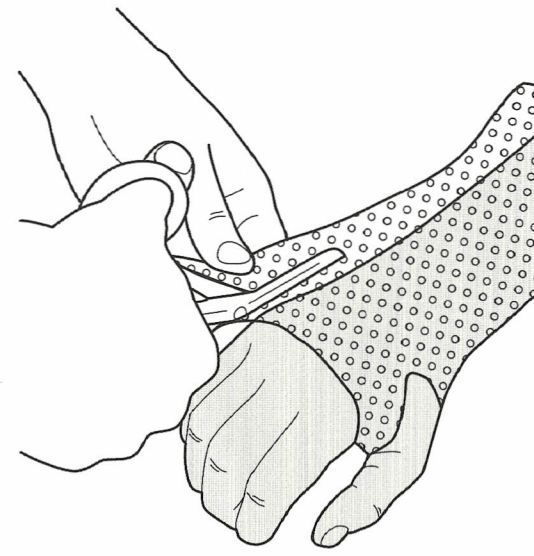
C. Do the same with the bottom corners.



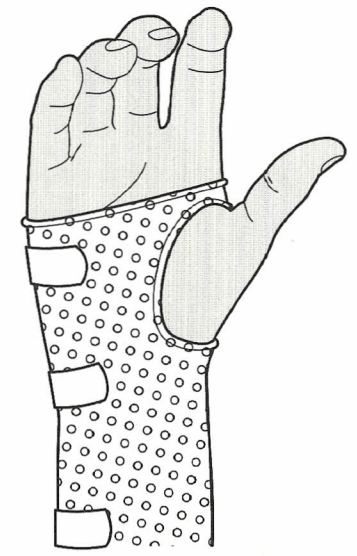
D. Pull out the length and width and stick the edges along their entire length.



E. Adopt the desired position and leave to harden.



F. When the material is semi-hardened, cut off the edges, wait a while, and tear open the seam when sufficiently hardened.



Fixation: 3 short small fixation straps, two at each end and 1 in the middle.