

#51594/52311 Inflatable Therapy Carrot Orthosis

Directions for Use, Application, and Care

Use

This finger contracture orthosis is used to assist in increasing extension at the MP, PIP, and DIP joints of the fingers where flexion contracture exists.

It is recommended that the Inflatable Carrot Orthosis be used in conjunction with the cloth cover included in the Carrot Accessory Kit (#51595). The bacteriostatic cloth cover helps position the Carrot in the contracted hand and wicks away moisture.

NOTE: This product should only be used under the guidance of a medical professional.

Application

The Inflatable Carrot can be applied in different ways, depending on the severity of the contracture.

1. At the early stages of treatment, draw the point of the uninflated Carrot into the contracted hand starting at the pinky finger. Inflate orthosis to the desired diameter and close valve.
2. As the contracture releases and flexion increases, use the larger diameters and further inflate the Carrot to continue progress.
3. At the later stages of treatment the Carrot can be drawn into the hand starting from the index finger.
4. As the contractures decrease in severity, the Carrot can also be inflated before insertion. Inflate Carrot to desired size and close valve. Gently insert into patient's contracted fist.

NOTE: It is recommended that the inflator bulb included in the Carrot Accessory Kit (#51595) be used to inflate the Carrot—do not overinflate. Do not try to remove every wrinkle from carrot.

To Deflate: Open the valve and then squeeze the base of the valve to release the trapped air.

To Withdraw: Deflate first. For patients with fragile or macerated skin and very moist hands, remove slowly and carefully after deflation to reduce abrasion and skin damage.

Care

To Clean:

1. Make sure valve is closed to prevent liquids from entering the Carrot.
 2. Rinse in lukewarm, soapy water and towel dry.
- Clean between each use.*

To Store: Deflate gently and fold.

To Reorder

#51598 Carrot w/Accessory Kit*

#51594 Inflatable Carrot only

#52311 Inflatable Carrot, 100/cs

#51595 Carrot Accessory Kit*

*Kit includes: two cloth covers, inflator bulb, and two wands (one required per Inflatable Carrot)

Manufactured for:

 **AliMed® inc.**
Dedham, MA 02026-9135

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#51595 Carrot Accessory Kit

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Use

The Carrot Accessory Kit makes the Inflatable Carrot Orthosis even more effective than when used alone. Kit includes an insertion wand, inflator bulb, and two cloth covers.

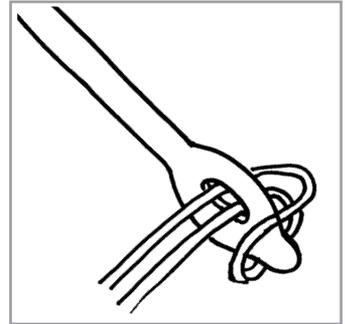
Application

Using the Placement Wand:

1. Thread loop at end of Inflatable Carrot cover through eye of placement wand, as shown.
2. Gently slide Placement Wand and attached Inflatable Carrot through patient's clenched fist.

NOTE: To protect the patient, the loop detaches if the therapist or nurse pulls too hard. The wand and loop merely assist in placement.

3. Continue to pull gently until resistance is felt. The patient should not experience discomfort. Discomfort is an indication that the Carrot is inflated too much or inserted too far.
4. Adjust the Inflatable Carrot until you settle on the comfortable inflated diameter and position.



Using the Inflator Bulb:

1. Insert the clear tip of the Inflator Bulb into the open valve of the Inflatable Carrot.
2. Gently inflate Carrot to desired diameter. Do not over inflate! 2-3 squeezes of the bulb are sufficient to fully inflate Carrot. Do not try to remove every wrinkle.
3. To deflate Carrot, open Inflatable Carrot valve and insert black tip of the Inflator Bulb until Carrot deflates.

Using the Cloth Cover:

1. Insert partially inflated Carrot into cloth cover. Pull drawstrings snug around Carrot valve to prevent displacement of Carrot.
2. Use Placement Wand to gently draw Carrot into contracted hand.

Care

Wash cover between each use: Hand-wash in mild detergent. Air-dry.

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