

Rolyan® Multi-Use Elbow Orthosis Fitting Instructions

5609-09-02 Multi-Use Elbow Orthosis - Medium

5609-09-03 Multi-Use Elbow Orthosis - Large

5609-09-04 Multi-Use Elbow Orthosis - X-Large



Indications

- Used for post-op, neuromuscular and trauma patients.
- Used for elbow flexion contractures and immobilization.

Contraindications

- Not to be used over open wounds
- Not to be used for hypertonicity.

Precautions

- Orthosis needs to be fitted initially by healthcare professional familiar with the purpose for which it is prescribed for.
- Healthcare professional is responsible for providing wearing instructions and precautions to other healthcare practitioners, care providers involved in patient's care and the patient.
- If unusual swelling, skin discoloration or discomfort occurs, use should be discontinued and a healthcare professional consulted.
- Be careful that the straps are not too tight that they interfere with circulation.
- Single patient use only.

Instructions for Use

- Adjust, set motion stops prior to fitting per physician's orders.
- Both hinges need to be set that the settings are the same.
- Flexion and extension stops are in 10° increments, 0° - 110° flexion and 0° - 90° extension. Rotate hinge cover to allow access to pins. Attached pins are placed in desired settings. Hinge cover is rotated to cover pins after settings are completed.
- Release or loosen all straps attached by hook and loop.
- Place the patient's arm into the brace so that the hinges are in alignment with the elbow joint and the midline of the arm.
- Make sure each hinge is anatomically positioned at the same height in-line with the elbow joint

- Loop and fasten each of the top straps then the bottom straps. Do not over tighten as they may cause injury.
- Periodically check for good fit and proper circulation as per stated in facilities splint wearing protocol.

Washing Instructions

- Remove all metal hinges from the top and bottom cuffs.
- Secure all straps
- Wash in warm water and dry using the gentle cycle.
- Do not bleach

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