

# Spenco® PolySorb®

## TOTALSUPPORT

Replacement Insoles



PERFORMANCE



Cat. No. 39-313

### Total support with targeted cushioning

#### Target Consumer:

Athletes looking for support who participate in a variety of physical activities.  
Consumers seeking firmer support and motion control.

#### Recommended For:

Increased shock absorption.  
Advanced support for the arch and heel.  
Improved motion control to reduce pronation and supination – the leading cause of many common injuries such as plantar fasciitis.

#### Best For Use In:

Athletic, tennis, basketball and training shoes with removable insoles.

#### Components\*:

EVA, PU, PP, Fabric w/ *Silpure* Antimicrobial,  
Thickness at Heel: 8.50mm (3/8in),  
Thickness at Forefoot: 3.50mm (1/8in)

#### Instructions:

Remove the original insole from the shoe (some brands of shoes glue the insole to the shoe, but careful removal will not damage the shoe). Use the original insole as a guide to trace and trim the Spenco® PolySorb® Total Support Replacement Insoles. Insert the Spenco® Insoles into the shoe.

#### Care:

Hand wash in warm water. Air dry.

#### Sizing Chart:

Size	0	1	2	3	4	5	6
U.S. Women's	3/4	5/6	7/8	9/10	11/12		
U.S. Men's			6/7	8/9	10/11	12/13	14/15
U.K.	2/3	4/5	5/6	7/8	9/10	11/12	13/14
European	32/34	36/38	38/40	40/42	42/44	44/46	46/48

#### Features & Benefits:

- 1 **3-Pod™ Cushioning System** (patent pending) absorbs shock and helps prevent over pronation.
- 2 **PolySorb® Stability Cradle** provides advanced arch support and deep heel cupping.
- 3 **Custom EVA Layer** conforms with normal wear to match the contours of the foot.
- 4 **Low-friction Antimicrobial Top Cloth** helps prevent blisters and control odor.
- 5 **Metatarsal Arch Support** offloads pressure from the ball of foot to help relieve forefoot pain.
- 6 **Forefoot Crash Pad** provides extra cushioning under the ball of foot for a smooth transition to toe-off.

**One-Year Unconditional Guarantee**

Call toll-free: 1-800-877-3626  
In Canada: 1-800-387-9538

 [www.spenco.com](http://www.spenco.com)



\*Measurements are approximate and vary by size.  
*Silpure* is a Registered Trademark of Thomson Research Associates, Inc.